

# The Whetherly Book of Scottish Country Dances

## **Number 24** **- Historical Dances -**

By John W. Mitchell

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123.	Whitehall Minuet	24 bar Minuet	Longwise	3C
124.	Zephyrs and Flora	32 bar Reel	Longwise	2C
125.	Ye Social Powers	48 bar Jig	Longwise	3C

## **Original Introduction**

Having obtained a reprint of the first edition of "The English Dancing Master or, Plaine and easie Rules for the Dancing of Country Dances with the Tune to each Dance" by John Playford and access to a number of other books containing reproductions of dances from various editions, the thought arose that a few carefully selected dances from these early books might well be reintroduced to the Scottish Country Dancing repertoire. The majority of the dances selected come from various publications by Playford, in which case only the title of the publication is given. Where dances have been selected from books by other publishers the name of the publisher is given as well as the title of the book.

During the 17th and 18th centuries, it was customary to provide entertainment in theatres between acts, whilst the scenery was being changed. Very often these entr'actes took the perform of short one act operas, in other cases the 'chore de ballet' (to use the spelling of the 17th century) would perform a short dance. Many of the dances in Playford and other early books are believed to have been devised for these stage performances, rather than for the ballroom.

The majority of the dances in the early books have little merit and have long since been consigned to well deserved obscurity (or should it be oblivion?) mainly because of the monotonous repetition of certain figures. Thus many early dances comprise a selection of six figures, of which three occur in numerous dances (e.g. advance and retire, side, or turn), the other three being variations of the same figure being commenced by each of the three couples in turn and indicative of the individual dance. Here it should be noted that most of these dances are non-progressive. This is entirely to be expected, because in the earlier round dances, no progression was made, but each of the three, four, or more couples took it in turn to lead; thus when the change came to dancing in a longwise set, the same pattern was followed of each couple leading in turn from the position in which they stood.

Another problem with the early dances (prior to Wilson) is the lack of different figures, the majority of dances being constructed from a limited selection. This means that to reproduce all the dances would be to produce a monotonous work in which all the dances appear to be similar.

For the above reasons a selection of a few of the more interesting dances has been made which it is hoped will prove of interest to the more adventurous dancers. Many of these dances have been selected for reproduction in other books of dances by other compilers, but in most such cases the versions, which they have published are inaccurate, incorporate modern figures and/or have been changed to once and to the foot, instead of repeating from second place all down the room. As the modern versions are open to question, in every instance reference has been made to the original instructions. Whilst every effort has been made to be accurate, it is realised that in some instances the original instructions would not produce an entirely satisfactory dance by modern standards. In these cases a liberal interpretation has been employed to bring the dance into line with modern technique, and a note has been included of the changes made from the original so that purists may produce a 100% correct reconstruction, should they so desire.

Some of the dances selected may be regarded as rather more suitable for demonstration at a Ceilidh, in period costume, rather than for reintroduction to the Ballroom.

Finally although the author does not agree with the reconstruction of many of the dances published by the Royal Scottish Country Dance Society, it has not been considered desirable to include any of the Society's dances in this volume. A separate book will be published in regard to those dances.

*John W. Mitchell (1991)*

## **Introduction to the new edition**

Firstly, we should note that it seems John never completed or published the aforementioned book on historical dances reconstructed by the RSCDS. This may have been for the better, to avoid unnecessary disagreements on points which are, after all, a matter of preference or interpretation. In this particular case of reviving older dances, it is not at all clear whether it is preferable to conform more closely to modern standards, or to remain true to the original instructions. In a similar vein, we therefore do not specify the number of couples per set required for each dance for two reasons; i) this was not mentioned in the original edition of book 24; ii) we are not experts in historical dances and would not like to claim any structural correctness in this case. On the latter point, it seems many historical dances were simply repeated until you reached the bottom of the line – which could be a great many times in certain halls.

As a further note – on editing the new edition, we are not researching the historical dances any further ourselves. If you are an interested reader who has spotted some issues and for any corrections or clarifications, we would be interested to hear from you for later revisions.

Several of the dances contain the word “maggot” in the title. It seems this does not refer to the small grub found in decomposing matter; rather that “maggot” was another term for a “whimsy” or “fancy” in the 17<sup>th</sup> century. So “Jack’s Maggot” should be understood as “Jack’s Fancy” and so on.

Some of the dances are in “3/2 time”, corresponding to six beats per bar. In practice, this means that one bar may have the length of a more traditional two bar phrase. This feature may provide some clarity as far as the phrasing of figures are concerned.

In several cases, there is simply an instruction to “set” for a certain length of time, ranging from 1 bar (in 3/2 time), 2 bars up to 8 bars. Generally, we understand this to mean “continue setting” for the specified period of time. In some four bar cases, “set” was replaced with “set twice”.

Lastly, a brief note on the various notes that appear after the dance instructions. Unless a year is specified (such as 2020), the notes are as featured in John Mitchell’s original edition. These have been roughly grouped into three categories:

- “Musical Notes” (pun intended) for notes on the music;
- “Dance Formation Notes” for notes on the figures or dance instructions themselves;
- “General Notes” for other points, such as historical notes on the origins or name of the dance.

Wishing you much enjoyment with this historical compendium.

*Alison M. W. Mitchell (2020)*

## **John Wallace Mitchell - A Brief Biography**

(31/05/1931 – 25/11/2012)

John Wallace Mitchell was born and raised in Brighton & Hove, Sussex. Following his school education, which took place against a background of war, he completed military service from 1949-1951 with the Royal Electrical and Mechanical Engineers (REME) army division. He then started work in accountancy, joining the Sperry Rand corporation in 1957 as a computer and business systems analyst. In 1958 he became a member of the British Computer Society, only a few months after its foundation. In the early 1960's, the focus of his career moved towards management consultancy, and he completed many assignments for several companies, often helping to set up their first computer systems, with work taking him to many locations both within the UK and western Europe, as well as to Saudi Arabia. Eventually he set up a private practice in 1972.

He was a keen cyclist, active in several clubs and competing at a local level from 1946 – 1956. When in the army, he would often cycle back to Brighton on free weekends, which could be up to 140 miles each way.

Although he first encountered Scottish Country Dancing in Dollar, Scotland in 1947, it wasn't until 1964 that he began to take it seriously, when he joined the Leeds clubs and RSCDS Branch. After moving back to the Brighton area, he became a member of the London branch in 1966 and in 1967 was the founder chairman of the Sussex Association of Scottish Societies, which was formed to ensure the future of the local Annual Scottish Charity Ball by connecting many clubs in the region. This led to the first day schools and teachers' training courses in the region. In 1972 he obtained a full RSCDS teacher's certificate and in 1975 became the founder chairman of the Hangleton Scottish Country Dance Club. From approximately 1968 to 1992 he devised some 828 dances, which were published in this series of Whetherly Books and Sheets. Whetherly is the maiden name of his paternal grandmother, after which the house in which he grew up was also named ("Whetherly House"). In 2010 he received the London Branch award for services to Scottish Dancing.

John passed away in 2012 after a two year battle with cancer.



## **The Adieu**

A thirty-two bar Reel for three couples in a longwise set, from Thompson's "Compleat Collection" Vol. 4.

- 1-4 First, second and third couples set and cross giving right hand.
- 5-8 First, second and third couples set and cross giving left hand.
- 9-16 First couple lead down the middle and back.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 25-32 First and second couples allemande.

Repeat from second place.

Recommended tune: The Adieu

### *Musical Notes*

The tune is in four eight bar phrases.

### *Dance Formation Notes*

Originally first couple danced down the middle and back to second place. On the last eight bars first couple danced a right hand allemande (i.e. they made a complete turn after which the lady turned under their raised right arms) followed by a left hand allemande. The instructions have been adapted to modern technique.

## **Apley House**

A twenty-four bar Reel for two couples in a longwise set, from "The Dancing Master" (1702).

- 1-2 First and second men retire.
- 3-4 First and second men dance a petronella turn back to their original places.
- 5-8 First and second ladies repeat bars 1-4.
- 9-12 First and second couples dance right hands across in a wheel half way and set.
- 13-14 Second couple cast off, first couple lead up on the sidelines.
- 15-16 Second couple dance up to first place whilst first couple cast out to finish on the outside in a line of four all facing the top.
- 17-20 First and second couples advance and retire to the side lines, finish in partners' original places.
- 21-24 First couple cross giving right hand and cast off into second place, on bars 23-24 second couple cross to first place on own sides.

Repeat from second place.

Recommended tune: Apley House

### *Musical Notes*

The tune comprises three phrases: the A & B phrases which are four bars in length are each repeated, whilst phrase C is eight bars.

## **All Together, One After Another**

A thirty-two bar Jig for two couples in a longwise set, from "The Dancing Master" Vol. 2 (1710).

- 1-8 First man dances down in front of second man, casts up to place, crosses between the second and third ladies, casts up behind his partner and crosses back to his original place.
- 9-16 First lady dances down in front of second lady, casts up to place, crosses between the second and third men, casts up behind her partner and crosses back to her original place.
- 17-20 First couple set and cast off, second couple step up.
- 21-24 First and second couples dance half rights and lefts.
- 25-26 First man and second lady change places giving right hand.
- 27-28 First lady and second man change places giving right hand.
- 29-32 First and second couples turn with two hands.

Repeat from second place.

Recommended tune: All Together, One After Another

### *Dance Formation Notes*

Bars 17-20 have been changed to improve the dance, the original instructions were:

- 17-18 First man cast off, second man step up.
- 19-20 First lady cast off, second lady step up.

## **Fete Champetre**

A thirty-two bar Jig for three couples in a longwise set, from Thompson's "Compleat Collection" Vol. 4. (1780).

1-4 First couple turn with the right hand.

5-8 First couple turn with the left hand.

9-16 First couple dance down the middle and back and cast off into second place, second couple step up on bars 15 & 16.

17-24 First, second and third couples promenade.

25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Fete Champetre

## **Auretti's Dutch Skipper**

A thirty-two bar Jig for two couples in a longwise set, from Rutherford's "Compleat Collection" Vol. 1 (1756).

- 1-4 First couple lead down between second couple and cast up to place.
- 5-8 First couple turn with two hands.
- 9-12 Second couple lead up between first couple and cast off to place.
- 13-16 Second couple turn with two hands.
- 17-20 First man and second lady turn with two hands.
- 21-24 First lady and second man turn with two hands.
- 25-26 First and second couples join hands on the sides and set.
- 27-30 First and second couples dance half rights and lefts, omit the polite turn.
- 31-32 First and second couples turn half way to own sides with the right hand.

Repeat from second place.

Recommended tune: Auretti's Dutch Skipper

## **The Bishop**

A thirty-two bar Jig for three couples in a longwise set, from Thompson's "Twenty Four Country Dances" (1778).

- 1-2 First man casts off, second man steps up.
- 3-4 First man and third lady set.
- 5-8 First man and third lady turn with the right hand.
- 9-10 First lady casts off, second lady steps up.
- 11-12 First lady and third man set.
- 13-16 First lady and third man turn with the left hand.
- 17-20 First couple set twice.
- 21-24 First couple dance up with nearer hands between second couple and cast off into second place.
- 25-32 First, second and third couples dance six hands round to the left in a circle and back to the right.

Repeat from second place.

Recommended tune: The Bishop

### *Dance Formation Notes*

In the original instructions there was no setting, and the circle on bars 25-32 was danced round to the left only.

## **Bath Carnival**

A thirty-two bar Jig for three couples in a longwise set, from Thompson's "Twenty Four Country Dances" (1777).

- 1-4 First couple take nearer hand and dance down between second couple and out between the second and third ladies, separate and cast behind the ladies to meet in the centre of the set.
- 5-8 First couple take nearer hand and dance out between the second and third men, separate and cast behind the men to finish with first man between third couple, all facing up, and first lady between second couple, all facing down.
- 9-12 First, second and third couples join hands in lines across and set twice, first couple turning to their right on bars 11-12 to finish in second place on the opposite sides.
- 13-16 First, second and third couples join hands on the sides and set twice.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 25-30 First couple dance reels of three on the sides with their corners, passing their second corners by the right to commence.
- 31-32 First couple cross to own side giving right hand.

Repeat from second place.

Recommended tune: Bath Carnival

### *Dance Formation Notes*

In the original instructions bars 25-32 are given as "lead out sides", which is exactly the same figure as bars 1-8. To avoid a repetition of the same figure, the customary modern practice has been followed of substituting reels of three with corners and cross back to own sides.

## **Braes of Dornoch**

A thirty-two bar Strathspey for three couples in a longwise set, from Johnson (1757).

- 1-4 First couple lead down between second and third couples and cast up into second place, second couple step up on bars 1 & 2.
- 5-8 First couple turn with two hands.
- 9-12 First couple lead up to the top and cast off into second place.
- 13-16 First couple turn with two hands three quarters round to finish with first man between third couple, all facing up, and first lady between second couple, all facing down.
- 17-20 First, second and third couples set twice.
- 21-24 First, second and third couples turn the person opposite with two hands, first couple finish in second place on own sides.
- 25-28 First couple dance back to back.
- 29-32 First and second couples dance rights and lefts, one step to each hand.

Repeat from second place.

Recommended tune: Braes of Dornoch

### *Musical Notes*

The tune comprises two phrases of sixteen bars each.

## **The Faithful Shepherd**

A twenty-four bar Reel for two couples in a longwise set, from Thompson (1769).

- 1-8      The first and second couples dance right hands across in a wheel and back with the left hand.
- 9-12     First couple cross giving right hand and cast off, second couple step up.
- 13-16    First couple turn one and a half times with two hands to own sides.
- 17-24    First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: The Faithful Shepherd

### *Musical Notes*

The tune (and possibly the dance) dates from 1734.

## **The Brick Makers**

A forty-eight bar Reel for three couples in a longwise set, from Johnson (1750).

- 1-4 First and second couples set.
- 5-8 First and second couples dance half rights and lefts.
- 9-16 Repeat bars 1-8, back to original places.
- 17-20 First couple cross giving right hand and cast off.
- 21-24 First couple cross giving left hand and cast off.
- 25-28 First couple lead up to the top.
- 29-32 First couple set and cast off, second couple step up.
- 33-40 First and third couples dance four hands round to the left in a circle and back to the right.
- 41-48 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: The Brick Makers

### *Musical Notes*

The tune is in two parts, the first being eight bars repeated and the second sixteen bars repeated.

### *Dance Formation Notes*

The setting on bars 29-30 has been added in accordance with modern technique.

## **Draper's Maggot**

A thirty-two bar Waltz for three couples in a longwise set, from "The Dancing Master" (1709).

- 1-4 First and second couples dance four hands round to circle.
- 5-8 First couple cast off, second couple step up.
- 9-16 First and third couples dance rights and lefts.
- 17-20 First couple turn their first corners with two hands.
- 21-24 First couple turn with two hands.
- 25-28 First couple turn their second corners with two hands.
- 29-32 First couple turn with two hands.

Repeat from second place.

Recommended tune: Draper's Maggot

### *General Notes (2020)*

The same figures are included later in this book as "Mrs Booth's Minuet", set to minuet music. A third alternative title is "Cupid's Guess".

## **Burgundy's Flight**

A forty bar Reel for three couples in a longwise set, from "The Dancing Master" Vol. 2 (1713).

- 1-2 First couple cast off, second couple step up.
- 3-4 First and third couples face up and down on the sides and set.
- 5-8 First and third couples turn with two hands on the sides of the set.
- 9-16 Second couple repeat bars 1-8.
- 17-20 First and second couples cross giving right hand.
- 21-22 First and second couples set to partner.
- 23-24 First and second couples face up and down on the sides and set.
- 25-28 First and second couples turn with two hands on the sides of the set.
- 29-32 First and second couples dance half rights and lefts.
- 33-34 First and second couples set.
- 35-36 First couple join both hands and slip up into first place.
- 37-38 First couple set.
- 39-40 First couple cast off into second place.

Repeat from second place.

Recommended tune: Burgundy's Flight

### *Musical Notes*

The tune comprises an eight bar phrase, repeated, followed by a twelve bar phrase, also repeated.

## **Chelmsford Assembly**

A thirty-two bar Jig for three couples in a longwise set, from John Johnson's "Two Hundred Country Dances" Vol. 8 (1753).

- 1-4 First couple cast off into second place and dance in to meet.
- 5-8 First man casts down round third lady to finish between third couple, all facing up, and first lady casts up round second man to finish between second couple, all facing down.
- 9-12 First, second and third couples join nearer hands and set.
- 13-16 First, second and third couples turn the person opposite with two hands.
- 17-20 First couple cast back into second place on their own sides.
- 21-24 First couple turn with two hands.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Chelmsford Assembly

## **Dover Pier**

A thirty-two bar Reel for two couples in a longwise set, from Preston's "Twenty Four Country Dances" (1791).

- 1-4 First and second couples set twice.
- 5-8 First and second couples dance right hands across in a wheel.
- 9-12 First and second couples set twice.
- 13-16 First and second couples dance left hands across in a wheel.
- 17-20 First couple cross giving right hand and cast off, second couple step up on bars 19 & 20.
- 21-24 First couple turn with two hands to own side of the set.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Dover Pier

### *Dance Formation Notes*

The original instructions indicate that the wheels should only be danced half way, which is a little awkward by modern standards.

## **Cockle Shells**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" 11th Edition (1701).

- 1-4 First man turns second lady with the right hand.
- 5-8 First couple turn with the left hand.
- 9-12 Second couple turn with the right hand.
- 13-16 Second man turns first lady with the left hand.
- 17-18 First man and second lady change places giving right hand.
- 19-20 First lady and second man change places giving right hand.
- 21-22 First and second couples dance four hands round to the left in a circle half way.
- 23-24 First couple cast off into second place, second couple dance up with nearer hands.
- 25-28 First couple dance a half figure of eight round second couple, crossing up to commence.
- 29-32 First couple turn one and a half times with two hands to own side.

Repeat from second place.

Recommended tune: Cockle Shells

### *Dance Formation Notes*

Originally the half figure of eight on bars 25-28 was danced down through third couple. This has been changed as third couple has no other part in the dance.

## **The Corporation**

A forty-eight bar Reel for three couples in a longwise set, from Thompson's "Twenty Four Country Dances" (1777) and Thompson's "Compleat Collection" (1780).

- 1-8 First couple cross below second couple to dance reels of three on the opposite sides of the set with the second and third couples.
- 9-16 First couple cross below second couple to dance reels of three on own sides of the set with the second and third couples.
- 17-24 First couple followed by second couple, who dance up to follow them, lead down below third couple and cast up to finish in their original places.
- 25-28 First couple cross over and cast off into second place. First couple and turn one and a half times with two hands to own side.
- 29-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: The Corporation

### *Musical Notes*

The tune comprises two eight bar phrases the first is played twice and the second is played three times.

### *Dance Formation Notes*

In the original instructions only eight bars were allowed for first couple to cross, cast into second place, dance rights and lefts with second couple and finish on own sides of the set, this has been extended to 16 bars.

## **Draper's Gardens**

A thirty-two bar Waltz for two couples in a longwise set, from Preston's "Twenty Four Country Dances" (1799).

- 1-2 First man and second lady set.
- 3-6 First man and second lady dance back to back.
- 7-8 First man and second lady turn with two hands to place.
- 9-16 First lady and second man repeat bars 1-8.
- 17-18 First and second couples change places on the sides giving right hands.
- 19-20 First and second couples dance four hands round to the left in a circle half way.
- 21-24 First and second couples dance half rights and lefts.
- 25-30 First couple dance a figure of eight on own sides of the set, leading down between third couple to commence.
- 31-32 First couple turn with two hands.

Repeat from second place.

Recommended tune: Draper's Gardens

## **The Duke of Kent's Waltz**

A thirty-two bar Waltz for two couples in a longwise set, from Cahusac's "Annual Collection" (1801).

- 1-8 First and second couples dance right hands across in a wheel and back with the left hands.
- 9-16 First couple lead down the middle and back.
- 17-24 First and second couples allemande.
- 25-28 First couple turn first corners with the right hand.
- 29-32 First couple turn second corners with the left hand.

Repeat from second place.

Recommended tune: The Duke of Kents Waltz

### *Musical Notes*

The original tune in 3/8 time comprises an eight bar phrase which is repeated, followed by a sixteen bar phrase.

### *Dance Formation Notes*

The original instructions indicate that down the middle and back and allemande only occupied eight bars. This would have been danced as four bars for down the middle and back to second place and four bars for an allemande turn with partner; leaving sixteen bars to turn the corners. The phrasing has been altered to fit in with modern practice.

## **The Duke of Rutland's Delight**

### **Alternative name: The Collier's Daughter**

A thirty-two bar Reel for two couples in a longwise set, from "The English Dancing Master" Vol. 2 4th Edition (1728).

- 1-4 First couple cross giving right hand and cast off, second couple step up.
- 5-8 First couple turn with two hands.
- 9-12 First couple cross back to own sides giving left hand and cast up into first place, second couple step down.
- 13-16 First couple turn with two hands.
- 17-18 First couple lead down to second place, second couple step up.
- 19-22 First and second couples dance four hands round to the left in a circle.
- 23-24 First and second couples retain hands on the sides and set.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: The Collier's Daughter

### *Dance Formation Notes*

The original dance was for three couples. As third couple has no active part to play it has been altered to a two couple version. The original instructions were:

- 9-12 First couple cross to own sides giving left hand and cast off, third couple step up.
  - 17-18 First couple dance up to first place with nearer hands, second and third couples step down.
- This results in first couple finishing in first place with no progression.

## **Dull Sir John**

A ninety-six bar Jig for four couples in a square set, from "The English Dancing Master" (1651).

- 1-4 First couple lead in, the man dances between second couple and the lady between the fourth, they cast back to their original places.
- 5-8 Third couple repeat.
- 9-12 Second couple repeat.
- 13-16 Fourth couple repeat.
  
- 17-18 First and third men change places giving right hand.
- 19-20 First and third ladies repeat.
- 21-24 First and third couples dance right hands across in a wheel half way to finish in original places.
- 25-32 Second and fourth couples repeat bars 17-24, all finish with the men standing behind their partners, forming a cross.
  
- 33-40 First couple separate, the man dancing between second couple and the lady between fourth couple they dance round to third place and then take nearer hands and dance across the centre of the set to their place. Meanwhile third couple take nearer hands and dance across to first place and separate, third man dancing back between fourth couple as third lady dances back between second couple, finish in the cross formation as before.
- 41-48 Second and fourth couples repeat.
  
- 49-56 First and third couples dance a reel of four, to commence the ladies pass by the left, they finish in original places.
- 57-64 Second and fourth couples repeat.
  
- 65-66 All the men cast one place anticlockwise.
- 67-68 All the ladies cast one place clockwise.
- 69-72 Repeat bars 65-68.
- 73-80 Repeat bars 65-72.
  
- 81-84 First and third couples advance passing by the right, the ladies pass back to back.
- 85-86 All balance in line.
- 87-88 Retire to place.
- 89-96 Second and fourth couples repeat bars 81-88.

Recommended tune: Dull Sir John

## **The Fair Quaker of Deal**

### **Alternative names: Amsbury / Hannibal**

A thirty-two bar Jig for two couples in a longwise set, from J. Walsh's "Twenty Four New Country Dances" (1712).

- 1-4 First man and second lady set twice.
- 5-8 First couple cast off, second couple step up.
- 9-12 First lady and second man set twice.
- 13-16 Second couple cast off, first couple step up.
- 17-18 First man and second lady advance and pass to finish back to back, slightly apart.
- 19-20 First lady and second man repeat.
- 21-24 First and second couples, still back to back and facing out, dance four hands round in a clockwise circle half way.
- 25-28 Still facing out with nearer hands joined, the two ladies dance out to the ladies' side and the two men lead out to the men's side, for two bars, they turn inwards and dance in to finish on the sides.
- 29-32 First couple lead down for one step, lead up and cast off into second place.

Repeat from second place.

Recommended tune: The Fair Quaker of Deal

### *General Notes*

The same figures were also published in Walsh's "New Country Dancing Master third Book" (1728), under the two alternative titles of "Amsbury" and "Hannibal".

## **Hiland Lass**

**Alternative names: Duple the Cape / Dick's Maggot**

A sixteen bar dance in 3/2 time for two couples in a longwise set, from Walsh's "New Country Dancing Master second Book" (1711).

- 1-2 First couple cross over into second place giving right hand, second couple step up.
- 3-4 Second couple cast off, first couple step up.
- 5-8 First couple cross giving right hand and cast off into second place.
- 9-12 First and second couples dance back to back.
- 13-16 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Hiland Lass

### *Musical Notes*

The tune is in two parts, the first being four bars repeated and the second eight bars.

## **The Fandango**

A sixty-four bar Jig for three couples in a longwise set, from Thompson's "Compleat Collection" (1780).

- 1-4 First couple turn with the right hand.
- 5-8 First couple cast off, second couple step up.
- 9-12 First couple turn with the left hand.
- 13-16 First couple cast off, third couple step up.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 25-28 First couple lead up to the top, third couple step down on bars 27 & 28.
- 29-32 First couple set and cast off into second place.
- 33-36 First couple turn first corner with the right hand.
- 37-40 First couple turn with the left hand.
- 41-44 First couple turn second corner with the right hand.
- 45-48 First couple turn with the left hand, to finish facing first corners.
- 49-56 First man dances a figure of eight round third couple, whilst first lady dances a figure of eight round second couple; they commence by passing their first corners by the left and finish facing their second corners.
- 57-64 First man dances a reel of three with second couple and first lady dances a reel of three with third couple; they commence by passing their second corners by the right and finish in second place on their own sides of the set.

Repeat from second place.

Recommended tune: The Fandango

### *Musical Notes*

The tune is in two phrases of eight bars the music being played A, A, B, B, A, A, B, B.

### *Dance Formation Notes*

The original circle was to the left only and the setting on bars 29-30 has been introduced in accordance with modern practice.

## **The Female Saylor**

A thirty-two bar Jig originally titled "La Matelotte" for two couples in a longwise set, from the translation by Essex of Feuillet's "Recueil de Contredanses" (1706).

- 1-8 First couple dance a figure of eight on own sides of the set, to commence they dance in and up (through an imaginary couple first time through, afterwards through the standing couple(s) above them).
- 9-12 First couple dance a half figure of eight round second couple, crossing down to commence.
- 13-16 First couple turn with two hands.
- 17-20 First man and second lady dance back to back on the side of the set, first lady and second man do the same.
- 21-24 First man and second lady turn with two hands on the side of the set, first lady and second man do the same.
- 25-28 First couple dance back to back.
- 29-30 First couple turn half way with two hands.
- 31-32 First couple cast off into second place.

Repeat from second place.

Recommended tune: The Female Saylor

## **General Abercrombie's Reel**

A twenty-four bar Reel for three couples in a longwise set, from G. Astor's "Twenty Four Country Dances for 1800".

- 1-8 First couple dance down the middle and back to finish facing their first corners.
- 9-12 First couple allemande with their first corners (turn first corner with the right hand once round, the corners complete the turn by turning clockwise under the raised right arms back to place).
- 13-16 First couple allemande with their second corners.
- 17-20 First couple lead out between the second and third ladies, first lady casts up and first man casts down; to meet in the middle of the set.
- 21-24 First couple lead out between the second and third men, first lady casts up and first man casts down.

Repeat from second place.

Recommended tune: General Abercrombie's Reel

## **The Freemason's Jig**

A sixty-four bar Jig for three couples in a longwise set, from Thompson's "Compleat Collection" (1790).

- 1-8 First man followed by the second and third men crosses above his partner, casts off behind the first, second and third ladies, crosses back to own side and dances up to place.
- 9-16 First lady followed by the second and third ladies crosses above her partner, casts off behind the first, second and third men, crosses back to own side and dances up to place.
- 17-20 First couple take two hands and slip down the middle and up again.
- 21-24 First couple set and cast off into second place.
- 25-28 First couple turn with the right hand.
- 29-32 First couple turn three quarters with the left hand to finish with first man between third couple, all facing up, and first lady between second couple, all facing down.
- 33-36 First, second and third couples join nearer hands and set.
- 37-40 First couple turn three quarters with the right hand to finish in second place on their own sides of the set.
- 41-44 First, second and third couples join nearer hands and set.
- 45-48 First couple turn with two hands to finish in second place on their own sides of the set.
- 49-52 First, second and third couples join nearer hands and retire and advance.
- 53-56 First couple turn one and a half times with two hands to finish on the opposite sides of the set.
- 57-60 First, second and third couples join nearer hands and retire and advance.
- 61-64 First couple turn one and a half times with two hands to finish on own sides of the set.

Repeat from second place.

Recommended tune: The Freemason's Jig

### *Dance Formation Notes*

The setting on bars 21-22 has been added in accordance with modern technique. According to the original instructions, on bars 53-56 and 61-64 the turns were half way only.

## **The French Ambassador**

A forty-eight bar Reel for three couples in a longwise set, from "The English Dancing Master" 11th Edition (1701).

- 1-4 First couple set and cast off, second couple step up.
- 5-8 First couple turn with two hands.
- 9-12 First couple set and cast off, third couple step up.
- 13-16 First couple turn with two hands to finish facing their first corners.
- 17-24 First couple turn their first corners with the right hand, partner with the left hand, second corners with the right hand and partner half way with the left hand to finish facing down.
- 25-28 First couple take nearer hand, dance down between third couple and cast up into second place on own sides.
- 29-32 First couple turn with two hands.
- 33-40 First couple dance a figure of eight round second couple, crossing up to commence.
- 41-44 First, second and third couples set.
- 45-48 First, second and third couples turn with two hands.

Recommended tune: The French Ambassador

### *Musical Notes*

The original tune comprises an eight bar phrase followed by a sixteen bar phrase both of which are repeated.

### *Dance Formation Notes*

The setting during the first sixteen bars has been introduced to replace the original four bars to cast out and slip down into second place, with a modern set and cast. The original instructions for bars 17-24 specified turn first corners and partner only (four bars for each hand) and on bars 45-48 only first couple turned.

## **The Gallant Enterprize**

### **Alternative name: Prince Frederick's Hornpipe**

A thirty-two bar Hornpipe for three couples in a longwise set, from Johnson (1740).

- 1-6 First couple cross below second couple to dance reels of three with the second and third couples.
- 7-8 First couple dance in to face first corners, whilst second couple cast up into first place.
- 9-12 First couple set to and turn their first corners with two hands.
- 13-16 First couple set to and turn their second corners with two hands.
- 17-24 First man dances a reel of three with third couple passing third man by the right to commence; whilst first lady dances a reel of three with second couple passing second lady by the right to commence; at the end of the reels first couple turn half way with the left hand to finish facing down.
- 25-32 First couple dance a figure of eight on own sides of the set, dancing down between third couple with nearer hands to commence.

Repeat from second place.

Recommended tune: Prince Frederick's Hornpipe

### *Musical Notes*

The tune given by Daniel Wright and Johnson for this dance is "The Gallant Enterprize" which comprises two phrases, the first of four bars repeated and the second of eleven bars repeated, making a 30 bar dance.

### *Dance Formation Notes*

According to the original instructions bars 17-24 is figures of eight across the set, followed by lead out sides (lead out between the second and third ladies and cast round them, lady up and man down, lead out between the second and third men and cast round them to place). Two changes have been made, the reel on bars 17-24 instead of a figure of eight to make the dance more interesting for the supporting couples and to eliminate what would otherwise be two consecutive figures of eight across the set, and the figure of eight on bars 25-32 has been reoriented on to the sides to improve the pattern of the dance and ease the entry into the repeat.

## **General Abercrombie's Reel**

A thirty-two bar Reel for three couples in a longwise set, from Cantelo (1785).

- 1-2 First couple join both hands and slip down the middle.
- 3-4 First couple set.
- 5-6 First couple join both hands and slip up the middle.
- 7-8 First couple set.
- 9-12 First couple join both hands and slip down the middle and back.
- 13-16 First couple cast off to face their first corners, second couple step up on bars 13 & 14.
- 17-20 First couple set to and turn their first corners.
- 21-24 First couple set to and turn their second corners.
- 25-28 First couple lead out between the second and third ladies and separate, first lady casts up and first man casts down.
- 29-32 First couple lead out between the second and third men and separate, first lady casts up and first man casts down.

Repeat from second place.

Recommended tune: General Abercrombie's Reel

### *Dance Formation Notes*

In the first eight bars, the setting step specified was the "Rigadoon". Three different descriptions of this step have been traced, of which possibly the easiest is:

Bar 1:

- 1 Hop on the left foot extending the right to second position.
- 2 Hop on the left foot bringing the right to third rear aerial position.
- 3 Hop on the left foot extending the right to second position.
- 4 Hop on the left foot bringing the right to third aerial position.

Bar 2:

Spring on to the right foot to repeat contra.

## **Green Sleeves and Yellow Lace**

A sixty-four bar Jig for three couples in a longwise set, from J. Young (1721).

- 1-4 First couple set and cast off, second couple step up.
- 5-8 First couple set and cast off, third couple step up.
- 9-12 First couple set and cast up, third couple step down.
- 13-16 First couple set and cast up, second couple step down.
- 17-24 First man dances a figure of eight round third couple; whilst first lady dances a figure of eight round second couple, they cross below second couple and pass their first corners by the right to commence.
- 25-32 First man dances a figure of eight round second couple and first lady dances a figure of eight round third couple, passing their second corners by the left to commence.
- 33-40 First man dances down to dance three hands round to the left in a circle half way with third couple; whilst first lady dances up to dance three hands round to the left half way with second couple.
- 41-48 First man dances up to dance three hands round to the left in a circle half way with second couple, whilst first lady dances down to dance three hands round to the left half way with third couple.
- 49-56 First man dances down and dances a reel of three with third couple, whilst first lady dances up and dances a reel of three with second couple, passing their first corners by the left to commence.
- 57-64 First man dances a reel of three with second couple and first lady dances a reel of three with third couple, passing their second corners by the right to commence.

Repeat from second place.

Recommended tune: Green Sleeves.

### *Musical Notes*

The tune is in two parts of eight bars each, which are played A, A, B, B, A, A, B, B.

## **Greenwich Park**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" (1709).

- 1-3 First couple lead up the room, second couple step up.
- 4-8 First couple cast down into second place (first time behind an imaginary line).
- 9-16 Second couple repeat bars 1-8.
- 17-20 First couple cross giving right hand and cast down behind second couple.
- 21-24 First couple turn one and a half times with two hands moving up to finish in their original places.
- 25-28 First and second couples dance back to back.
- 29-32 All clap, first couple set and cast off into second place, second couple step up.

Repeat from second place.

Recommended tune: Greenwich Park

### *Dance Formation Notes (2020)*

The remark in brackets at bars 4-8 is likely unnecessary, however we have retained it as in the first edition of this book.

## **The Happy Marriage**

A thirty-two bar Jig for two couples in a longwise set, from "The Dancing Master", Part 11 (1696).

- 1-4 First man casts off, second man steps up.
- 5-8 First couple dance back to back, passing by the left shoulder to commence.
- 9-12 First Lady casts off into second place, second lady steps up.
- 13-16 First lady and second man dance back to back, passing by the right shoulder to commence.
- 17-20 First and second couples dance right hands across in a wheel half way and set.
- 21-24 First and second couples dance left hands across in a wheel half way and set.
- 25-32 First couple dance a figure of eight round second couple crossing up to commence.

Repeat from second place.

Recommended tune: The Happy Marriage

### *Musical Notes*

The tune comprises a phrase of eight bars, repeated, followed by a phrase of sixteen bars.

## **Hambleton's Round**

**Alternative names: Hot Grey Grease / Pipeing Phipps**

A thirty-two bar dance in 3/2 time for three couples in a longwise set, from "The Dancing Master" (1710).

- 1-4 First couple set and cast off, second couple step up.
- 5-12 First man dances a reel of three, across the set with third couple, whilst first lady dances a reel of three across the set with second couple, they pass their first corners by the left to commence.
- 13-16 First couple turn with two hands.
- 17-18 First lady and second man change places.
- 19-20 First man and second lady change places.
- 21-22 First and second couples dance four hands round to the left in a circle half way.
- 23-24 First and second couples set.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Hambleton's Round O

### *General Notes*

The same figures also appeared with a 2/4 tune as "Smiths Round O" in a different volume of "The Dancing Master"; and as "Hot Grey Grease" or "Pipeing Phipps" in John Johnson's collection.

## **Hey to Cupar**

A twenty-four bar Strathspey for three couples in a longwise set, from J. Walsh's "Caledonian Country Dances" Vol. 2.

- 1-3 First and second couples dance four hands round to the left in a circle.
- 4 First couple cast off into second place and second couple dance up into first place.
- 5-8 First and third couples dance four hands round to the left in a circle.
- 9-12 First couple lead up to the top and cast off into second place.
- 13-16 First and second couples join hands on the sides and set.
- 17-20 First and second couples dance right hands across in a wheel.
- 21-22 All clap four times, whilst first couple dance down to third place.
- 23-24 First couple cast up into second place.

Repeat from second place.

Recommended tune: Hey to Cupar

## **Hide Park**

A seventy-two bar Jig for four couples in a square set, from "The English Dancing Master" (1651).

### **Chorus**

- 1-4 First and third couples advance and retire.
- 5-8 Second and fourth couples advance and retire.

### **Figure 1**

- 1-2 First and third couples join both hands with partner and dance into the middle of the set using slip steps.
- 3-4 First man joins both hands with third lady and they dance out to the side between second couple using slip steps; first lady and third man do the same between fourth couple.
- 5-8 First and third couples cast back to their original places.
- 9-16 Second and fourth couples repeat bars 1-8.

### **Figure 2**

- 1-2 Second and fourth men slip to their right behind their partners who slip to their left, and join nearer hands to make an arch. Meanwhile the first and third couples change places giving right hands in passing.
- 3-8 First and third couples cast behind their corners, dance in under the arches to meet their partners and lead out to finish in their partners places.
- 9-10 First and third men slip to their left behind their partners who slip to their right, and join nearer hands to make an arch. Meanwhile the second and fourth couples change places giving right hands in passing.
- 11-16 Second and fourth couples cast behind their corners, dance in under the arches to meet their partners and lead out to finish in their original places.

### **Figure 3**

- 1-8 The men dance in front of their own partner, behind the next lady, in front of the opposite lady and behind their corners to return to place.
- 9-16 The ladies dance in front of their own partner, behind the next man, in front of the opposite man and behind their corners to return to place.

Recommended tune: Hide Park

### **Musical Notes**

The tune comprises two phrases, phrase A is 4 bars long and phrase B is 8 bars long, played A, A, B, B. The Chorus is danced to the A phrase, before each of the three figures.

## **Highland Jigg**

A thirty-two bar Jig for three couples in a longwise set, from J. Walsh's "Caledonian Country Dances" Vol. 2.

- 1-4 First couple taking nearer hand, dance down between second couple and out between the second and third ladies; they separate and first lady casts up and first man casts down, to meet in the centre of the set, second couple step up on bars 1 & 2.
- 5-8 First couple take nearer hands and dance out between the second and third men; they separate and first lady casts up and first man casts down, to meet in the centre of the set.
- 9-12 First couple take nearer hands, lady on her partners left, and dance up between second couple and cast off on the opposite side of the set, into second place.
- 13-16 First couple take nearer hands and dance down between third couple and cast up into second place on the opposite side of the set.
- 17-20 First couple, still in second place, set to their first corners.
- 21-24 First couple, still in second place, set to their second corners.
- 25-28 First couple, still in second place, set to own partner.
- 29-32 First couple dance a half figure of eight round third couple, crossing down to commence and finishing in second place on their own sides of the set.

Repeat from second place.

Recommended tune: Highland Jigg

## **Highland Wedding**

A forty bar Reel for three couples in a longwise set, from Johnson (1750).

- 1-4 All three couples set and cross giving right hand.
- 5-8 Repeat back to place.
- 9-12 First couple cross giving right hand and cast behind second couple.
- 13-16 First couple cross giving left hand and cast behind third couple.
- 17-20 First couple lead up to the top.
- 21-24 First couple set and cast off into second place, second couple step up.
- 25-32 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 33-40 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Highland Wedding

### *Musical Notes*

The tune is in two parts, the first being eight bars and the second sixteen bars repeated.

### *Dance Formation Notes*

In the original instructions only first couple dance the first eight bars. The setting on bars 21-22 has been added to bring the figures into line with contemporary usage.

## **Hole in the Wall**

A sixteen bar Hornpipe for two couples in a longwise set, from "The Dancing Master" (1721).

- 1-4 First couple cast off and lead up to place.
- 5-8 Second couple cast up and dance down to place.
- 9-10 First man and second lady change places giving right hand.
- 11-12 First lady and second man change places giving right hand.
- 13-14 First and second couples dance four hands round to the left in a circle half way.
- 15-16 First couple cast off into second place, second couple step up.

Repeat from second place.

Recommended tune: Air VIII Hornpipe (Henry Purcell - 1695)

### *Musical Notes*

The tune is in two parts, the first being four bars repeated and the second eight bars.

## **Holborn March**

### **Alternative name: Princess Amelia**

A thirty-two bar March for two couples in a longwise set, from Wright's "Compleat Collection" (1740).

- 1-4 First couple set end cast off into second place, second couple step up.
- 5-8 First couple turn with two hands.
- 9-12 Second couple set and cast off into second place, first couple step up.
- 13-16 Second couple turn with two hands.
- 17-24 First and second couples dance right hands across in a wheel and back with the left hands.
- 25-28 First couple cross over and cast off into second place, second couple step up.
- 29-32 First couple dance a half figure of eight round second couple, crossing up to commence.

Repeat from second place.

Recommended tune: Holborn March

### *Musical Notes*

The tune is in two parts, the first being eight bars repeated and the second sixteen bars.

The dance and music were originally published under the title "Princess Amelia" in 1731, in honour of a daughter of King George III.

### *Dance Formation Notes*

This dance is a March and should be walked throughout, except when setting. In the original instructions it says that the second strain of music is played twice, this is obviously incorrect, especially as it also indicates the wheels are danced right hands across half way and back with the left hand, which would not be particularly far to travel in sixteen bars.

## **The Installation**

A sixty four bar Jig for three couples in a longwise set, from Thompson's "Twenty Four Country Dances" (1772).

- 1-8 First couple dance reels of three on the opposite sides of the set with the second and third couples, they cross below second couple to commence.
- 9-16 First couple dance reels of three on own sides of the set with the second and third couples, they cross below second couple to commence.
- 17-20 First couple dance down between second couple, with nearer hands, and cast up to place.
- 21-24 First couple turn with two hands.
- 25-28 Second couple dance up between first couple, with nearer hands, and cast off to place.
- 29-32 Second couple turn with two hands.
- 33-36 First and second couples set.
- 37-40 First and second couples dance half rights and lefts.
- 41-48 First and second couples repeat bars 33-40 back to original places.
- 49-52 First couple cross giving right hand and cast off, second couple step up.
- 53-56 First couple dance a half figure of eight round second couple, crossing up to commence.
- 57-64 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: The Installation

### *Musical Notes*

The tune is in four parts, each of which is eight bars repeated.

## **The Intrigue**

A thirty-eight bar Hornpipe for three couples in a longwise set, from Walsh "24 New Country Dances for the Year 1711".

- 1-2 First couple cast off below second couple.
- 3-4 First man turns third lady with the right hand, whilst first lady turns third man with the left hand.
- 5-6 First couple cast up to finish in their partner's original place.
- 7-8 First and second couples join hands on the sides and set.
- 9-10 First couple cast off into second place.
- 11-20 Second couple repeat bars 1-10.
- 21-25 First lady and second man set advancing and turn with two hands to finish in first place on own sides, first man steps down on bars 23 & 24.
- 26-29 First man and second lady dance half a figure of eight round third couple, crossing down and casting up into second place.
- 30-34 First couple set advancing and turn with two hands to finish in first place, second man steps down on bars 33 & 34.
- 35-38 First and second couples dance half rights and lefts and cross back to own sides.

Repeat from second place.

Recommended tune: The Intrigue

### *Musical Notes*

The tune is in two phrases, the first is 10 bars repeated, but the second is only 9 bars repeated.

## **Indian Queen**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" (1701).

- 1-4 First man and second lady set advancing and retiring.
- 5-8 First man and second lady turn with two hands.
- 9-16 First lady and second man repeat.
- 17-24 First and second couples dance right hands across in a wheel and back with the left hand.
- 25-28 First and second couples dance back to back.
- 29-32 First and second couples dance half rights and lefts and cross back to their own sides.

Repeat from second place.

Recommended tune: The New Bore

## **Jack's Maggot**

A thirty-two bar Reel for three couples in a longwise set, from Playford's "Twenty Four New Country Dances" (1702).

- 1-8 First man dances a reel of three on the opposite side of the set with the first and second ladies, crossing below first lady to commence.
- 9-16 First lady dances a reel of three on the opposite side of the set with the first and second men, crossing below first man to commence.
- 17-24 First and second couples dance right hands across in a wheel and back with the left hand.
- 25-26 First man and second lady change places giving right hand.
- 27-28 First lady and second man change places giving right hand.
- 29-30 First and second couples dance four hands round to the left in a circle half way.
- 31-32 First couple cast off into second place as second couple dance up into first place, with nearer hands.

Repeat from second place.

Recommended tune: Jack's Maggot

## **Jacob Hall's Jigg**

A thirty-two bar Jig for two couples in a longwise set, from "The Dancing Master" (1695).

- 1-4 First man and second lady turn with the right hand.
- 5-8 First couple and second lady dance three hands round to the left in a circle.
- 9-12 First lady and second man turn with the left hand.
- 13-16 First couple and second man dance three hands round to the right in a circle.
- 17-20 First couple dance down the middle and back with nearer hands, second couple step up on bars 17 & 18.
- 21-24 First couple collect second couple with nearer hands, all face the top and advance and retire, to finish back in the side lines with first couple in second place.
- 25-28 First and second couples dance four hands round to the left in a circle.
- 29-32 First couple dance up to the top, with nearer hands, and cast off into second place.

Repeat from second place.

Recommended tune: Jacob Hall's Jigg

## **Hey-boys Up We Go**

A twenty-four bar Reel for two couples in a longwise set, from "The Dancing Master" (1686).

- 1-4 First couple face the top join nearer hands and advance and retire.
- 5-8 Repeat bars 1-4, but finish back on the sides.
- 9-12 First couple and second lady dance three hands round to the left in a circle.
- 13-16 First couple and second man dance three hands round to the left in a circle.
- 17-18 First and second couples set, turning to face up and down on the sides.
- 19-22 First and second couples dance back to back on the sides.
- 23-24 All clap, first couple cast off, second couple step up.

Repeat from second place.

Recommended tune: Hey-boys Up We Go

### *General Notes*

The English Country Dance with the same name, "Hey-boys Up We Go", comprised of rather different figures, was published in the same book "The Dancing Master" (1686) under the title "Cuckolds All Awry".

## **Kelsterne Gardens**

A twenty-eight bar Reel for two couples in a longwise set, from "The New Country Dancing Master" Vol. 3 (1728).

- 1-8 First couple dance a figure of eight on their own sides of the set, dancing down between second couple to commence.
- 9-16 First couple dance a figure of eight round second couple, crossing down between second couple to commence.
- 17-22 First and second couples dance six hands round to the left in a circle.
- 23-24 First couple cast off, second couple step up.
- 25-28 First couple turn with two hands.

Repeat from second place.

Recommended tune: Kelsterne Gardens

### *Musical Notes*

The tune comprises an eight bar phrase, repeated, followed by a six bar phrase, repeated.

## **Jakie Stewart's Reel**

A forty-eight bar Reel for three couples in a longwise set, from Thompson "24 Country Dances for 1758".

- 1-4 First couple cast off for four steps.
- 5-8 First couple cast up to place.
- 9-12 First couple join two hands and slip down the middle and back.
- 13-16 First couple set and cast off into second place, second couple step up on bars 15 & 16.
- 17-24 First couple dance a figure of eight on own sides of the set, dancing down between third couple to commence and finishing facing their first corners.
- 25-28 First couple set to their first corners.
- 29-32 First couple turn their first corners with two hands and finish facing their second corners.
- 33-36 First couple set to their second corners.
- 37-40 First couple turn their second corners with two hands and finish facing their first corners.
- 41-46 First couple dance a reel of three with their corners, passing their first corners by the left to commence.
- 47-48 First couple cross to own side giving right hand.

Repeat from second place.

Recommended tune: Jakie Stewart's Reel

### *Dance Formation Notes*

The setting on bars 13-14 has been introduced in line with modern practice. In the original instructions bars 17-24 were lead down between third couple and cast up to place, this has been amended to a full figure of eight.

## **Jockey's Jig**

A forty bar Jig for three couples in a longwise set, from Walsh's "24 New Country Dances for the Year 1711".

- 1-4 First man and second lady change places passing by the right, cast behind their own partners and cross back to their original places.
- 5-8 First and second men turn with the left hand, first and second ladies do the same.
- 9-12 First lady and second man change places passing by the left, cast behind their own partners and cross back to their original places.
- 13-16 First and second men turn one and a half times with the right hand, first and second ladies do the same.
- 17-20 First and second couples advance, turn half way with two hands and retire into their partner's places.
- 21-26 First lady casts up to the top, crosses to own side and casts off into second place, first man crosses to follow his partner, casts up to the top and dances down between second couple into second place on his own side.
- 27-28 First and second couples join hands on the sides and set.
- 29-32 First man and second lady turn with the left hand whilst first lady and second man turn with the right hand.
- 33-36 First couple dance a half figure of eight round second couple crossing up to commence.
- 37-40 First and second couples advance, turn half way with two hands and retire into their own places.

Repeat from second place.

Recommended tune: Jockey's Jig

### *Musical Notes*

The tune is in two phrases, the first is 8 bars repeated and the second is 12 bars repeated.

## **Jog On**

A two hundred and eight bar Jig for three couples in a longwise set, from "The English Dancing Master" (1651).

- 1-4 All face the top, join nearer hands with partner and advance and retire.  
5-6 All set.  
7-8 All turn single (with two pas de basque steps turn right about on the spot).
- 9-16 Repeat bars 1-8.
- 17-18 First man turns his partner a quarter round with two hands to finish facing up and down the set.  
19-22 First man and second couple dance three hands round to the left in a circle round first lady.  
23-24 First couple turn three quarters, into second place.  
25-26 First man turns his partner a quarter round with two hands to finish facing up and down the set.  
27-30 First man and third couple dance three hands round to the left in a circle round first lady.  
31-32 First couple turn three quarters, into third place.
- 33-48 Second couple repeat bars 17-32.  
49-64 Third couple repeat bars 17-32.
- 65-68 First man pushing his partner advances with two pas de basque steps and then retires below second lady, second couple step up on bars 67 & 68.  
69-72 First couple turn with two hands once round.  
73-76 First man pulling his partner retires with two pas de basque steps and then advances below third man, third couple step up on bars 75 & 76.  
77-80 First couple turn with two hands.
- 81-96 Second couple repeat bars 65-80.  
97-112 Third couple repeat bars 65-80.
- 113-116 First couple cross over and cast off, second couple step up, both couples advance into the centre.  
117-118 First and second couples salute their own partner with a kiss.  
119-120 First couple turn half way with the right arms linked.  
121-124 First couple cross over and cast off, third couple step up, both couples advance into the centre.  
125-126 First and third couples salute their own partner with a kiss.  
127-128 First couple turn half way with the right arms linked.
- 129-144 Second couple repeat bars 113-128.  
145-160 Third couple repeat bars 113-128.
- 161-162 First couple cast off into second place.  
163-166 First couple advance and retire.  
167-168 First couple turn with the right arms linked.  
169-170 First couple cast off into third place.  
171-174 First couple advance and retire.  
175-176 First couple turn with the right arms linked.
- 177-192 Second couple repeat bars 161-176.  
193-208 Third couple repeat bars 161-176.

Recommended tune: Jog On

*Dance Formation Notes*

Originally each couple repeated each of the progressive movements for the full length of the room. This arrangement is for a three couple set. For demonstration purposes it may be preferable to omit the repeats, first couple dancing the first progressive movement (bars 33-48), second couple dancing the second such movement (bars 65-80), third couple the third such movement (bars 113-128) and first couple the fourth such movement (bars 161-176). Thus reducing the whole dance to 80 bars length.

## **The Jovial Beggars**

A twenty-eight bar Jig for two couples in a longwise set, from "The Dancing Master" 11th Edition (1701).

- 1-6 First man followed by his partner casts off behind second man and crosses to finish in second place on the opposite sides, second couple step up on bars 3 & 4.
- 7-12 First lady followed by her partner casts up behind second man and crosses to finish in second place on own sides, second couple step down on bars 9 & 10.
- 13-20 First couple lead down the middle and back and cast off behind second couple.
- 21-24 First couple join nearer hands with second couple, dance in to form a line of four and join nearer hands, all face the top and advance and retire.
- 25-28 First couple leaving second couple in first place, dance up between second couple and cast off into second place.

Repeat from second place.

Recommended tune: The Jovial Beggar

### *Musical Notes*

The tune is in two parts, the first being six bars repeated and the second eight bars repeated.

## **Joy After Sorrow**

A forty bar Waltz for three couples in a longwise set, from "The Second Book of the Compleat Country Dancing Master" (1719).

- 1-2 First man dances between the second and third couples as first lady casts behind the second and third couples.
- 3-4 First couple set.
- 5-6 First man casts up behind the second and third couples as first lady dances up between the second and third couples.
- 7-8 First couple set.
- 9-16 First, second and third couples dance reels of three on their own sides of the set, first couple dance in and down to commence.
- 17-18 First man leads second lady down and places her between third couple, second man step up.
- 19-20 First man sets turning to face up.
- 21-28 First man dances a figure of eight round first lady and second man, passing first lady by the right shoulder to commence.
- 29-32 First couple turn with two hands, opening out on own sides of the set, facing down with nearer hands joined.
- 33-34 First couple and second lady dance three hands round to the left in a circle half way, to finish with first couple in second place on the opposite sides and second lady in first place on own side.
- 35-36 First couple cross up between second couple to own sides, second couple step down.
- 37-40 First couple set and cast off into second place, second couple step up.

Repeat from second place.

Recommended tune: Joy After Sorrow

### *Musical Notes*

The tune is in two parts, the first being eight bars and the second sixteen bars played A, A, B, A.

## **Kendall House**

A forty bar Reel for three couples in a longwise set, from Thompson (1757).

- 1-4 First couple set to second lady.
- 5-8 First couple and second lady dance three hands round to the left in a circle.
- 9-12 First couple set to second man.
- 13-16 First couple and second man dance three hands round to the left in a circle.
- 17-20 First couple cross giving right hand and cast off into second place, second couple step up on bars 19 & 20.
- 21-24 First couple dance half a figure of eight round second couple, crossing up to commence.
- 25-28 First and second couples set.
- 29-36 First and second couples dance rights and lefts.
- 37-40 First and second couples set.

Repeat from second place.

Recommended tune: Kendall House

### *Musical Notes*

The tune is in two parts, the first being eight bars and the second twelve bars repeated.

## **Knowles Park**

A thirty-two bar Strathspey for three couples in a longwise set, from Bishop's "Six New Minuets" (1788).

- 1-4 First, second and third ladies set and dance three hands round to the left in a circle.
- 5-8 First, second and third men set and dance three hands round to the left in a circle.
- 9-16 First couple lead down the middle and back and cast off, second couple step up on bars 15 & 16.
- 17-20 First and third couples dance right hands across in a wheel.
- 21-24 First and second couples dance left hands across in a wheel.
- 25-28 First and third couples dance rights and lefts.
- 29-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Knowles Park

## **Kensington Court**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" 9th Edition (1695).

- 1-4 First couple dance a half figure of eight round second couple crossing down to commence.
- 5-8 First and second couples dance four hands round to the left in a circle half way.
- 9-12 Second couple dance a half figure of eight round first couple crossing down to commence.
- 13-16 First and second couples dance four hands round to the left in a circle half way.
- 17-24 First and second couples dance rights and lefts.
- 25-26 First couple turn half way with two hands; whilst second couple cross to own side giving right hand.
- 27-30 First couple with two hands slip down the middle and back.
- 31-32 First couple cast off into second place.

Repeat from second place.

Recommended tune: Kensington Court

## **Lilli Burlero**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" (1690).

- 1-4 First couple dance down between second couple and cast up.
- 5-8 Second couple dance up between first couple and cast off.
- 9-10 First man and second lady change places giving right hand.
- 11-12 First lady and second man change places giving right hand.
- 13-16 First and second couples join hands on the sides and retire and advance.
- 17-18 First and second couples set.
- 19-20 First and second couples cross giving right hand.
- 21-24 First and second men dance back to back, first and second ladies do the same.
- 25-32 First and second couples dance rights and lefts, giving right hands on the sides to commence.

Repeat from second place.

Recommended tune: Lilli Burlero

### *Musical Notes*

The tune comprises a four bar phrase and an eight bar phrase, it is played A, A, B, A, A, B.

## **Lady Amelia Murrays' Choice**

### **Alternative name: The Hamiltonian**

A forty-eight bar Reel for three couples in a longwise set, from Cantelo (1785).

- 1-4 First lady set to second man.
- 5-8 First lady and second man turn with two hands.
- 9-12 First man set to second lady.
- 13-16 First man and second lady turn with two hands.
- 17-20 First couple join two hands and slip down the middle and back.
- 21-24 First couple set and cast off, second couple step up.
- 25-28 First and second couples set.
- 29-32 First and second couples allemande: they turn their partner once round with the right hand, then the ladies turn under their raised right arms.
- 33-36 First and third couples set twice.
- 37-40 First and third couples dance four hands round to the left in a circle.
- 41-48 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Hamiltonian

### *Dance Formation Notes*

The setting on bars 21-22 has been added in accordance with modern technique.

## **Noel Park**

### **Alternative name: John of Paris**

A twenty-four bar Reel for two couples in a longwise set, from Voight's "A Selection" Book 3 (1809).

- 1-8 First and second couples dance four hands round to the left in a circle and back to the right.
- 9-16 First couple lead down the middle and back.
- 17-24 First and second couples poussette.

Repeat from second place.

Recommended tune: Noel Park

### *General Notes*

The same figures were published under the title "John of Paris" in J. P. Boulogne's "The Ballroom or Juvenile Pupil's Assistant" (1830).

## **Lady George Murray's Reel**

A thirty-two bar Reel for three couples in a longwise set, from Cantelo (1785).

- 1-8 First and second couples dance right hands across in a wheel and back with the left hand.
- 9-12 First couple join two hands and slip down the middle and back.
- 13-16 First couple cast off to face their first corners, second couple step up on bars 13 & 14.
- 17-20 First couple set to and turn their first corners with two hands.
- 21-24 First couple set to and turn their second corners with two hands.
- 25-28 First couple lead out between the second and third ladies and separate, first lady casts up and first man casts down.
- 29-32 First couple lead out between the second and third man and separate, first lady casts up and first man casts down.

Repeat from second place.

Recommended tune: Lady George Murray's Reel

## **Lord Byron's Jig**

**Alternative name: My Lord Byron's Maggot**

A twenty-eight bar Jig for two couples in a longwise set, from "The Dancing Master" 11th Edition (1701).

- 1-4 First man and second lady set.
- 5-8 First man and second lady turn with two hands.
- 9-12 First lady and second man set.
- 13-16 First lady and second man turn with two hands.
- 17-20 First and second men lead between their partners and cast back to place.
- 21-24 First and second ladies lead between their partners and cast back to place.
- 25-28 All clap, first couple set and cast off into second place.

Repeat from second place.

Recommended tune: Lord Byron's Jig

### *Dance Formation Notes*

The setting on bars 25-26 has been added in accordance with modern technique.

## **Lady Pentweazle**

A thirty-two bar Strathspey for three couples in a longwise set, from Walsh's "Compleat Country Dancing Master" Vol. 6.

- 1-4 First couple cross giving right hand and cast off into second place.
- 5-8 First and second couples dance four hands round to the left in a circle.
- 9-12 First couple cross giving left hand and cast off into third place.
- 13-16 First and third couples dance four hands round to the left in a circle.
- 17-20 First couple lead up to the top and cast off into second place.
- 21-24 All three couples advance and retire.
- 25-28 All three couples dance back to back.
- 29-32 First and second couples dance rights and lefts one step to each hand.

Repeat from new places.

Recommended tune: Lady Pentweazle

### *Musical Notes*

The original tune comprises two phrases, the first of which is eight bars repeated, and the second is of 16 bars.

### *Dance Formation Notes*

Originally the rights and lefts would have been performed as follows: second man and first lady dance in, passing by the left, then cast to their right to return to places; whilst first man dances up on the side to pass second man by the right and second lady dances down on the side to pass first lady by the right, first man and second lady then dance in and round each other by the left to places again passing the other two dancers by the right as they cast to place.

## **Lancaster Lasses**

A thirty-two bar Jig for two couples in a longwise set, from "The Dancing Master" Vol. 3 (1727).

- 1-4 First man sets to second lady and turns her with the right hand, he leaves her in her own place and finishes in the middle of the set facing second man.
- 5-8 First and second men then turn with the left hand to return to place.
- 9-12 First lady sets to second man and turns him with the left hand, she leaves him in his own place and finishes in the middle of the set facing second lady.
- 13-16 First and second ladies then turn with the right hand to return to place.
- 17-18 First man and second lady change places giving right hand.
- 19-20 First lady and second man change places giving right hand.
- 21-24 First and second couples dance round in a clockwise chase to return to their original places.
- 25-28 First couple cross giving right hand and cast off into second place, second couple step up.
- 29-32 First couple dance a half figure of eight round second couple, crossing up to commence.

Repeat from second place.

Recommended tune: Lancaster Lasses

### *Musical Notes*

The tune is in two parts, each being of eight bars repeated.

## **Le Debauche**

A forty-eight bar Reel for three couples in a longwise set, from Johnson (1757).

- 1-8 First and second couples dance right hands across in a wheel and back with the left hand.
- 9-12 First couple set and cast off, second couple step up.
- 13-16 First couple lead down between third couple and cast up into second place.
- 17-24 First man dances a reel of three with third couple, whilst first lady dances a reel of three with second couple; they pass their first corners by the left to begin.
- 25-32 First couple dance down below third couple with nearer hand, cast up into second place, dance up to the top with nearer hand and cast off into second place.
- 33-40 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 41-48 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Le debauche

### *Musical Notes*

The tune is in two parts, the first of eight bars and the second of sixteen bars, both of which are repeated.

### *Dance Formation Notes*

The setting on bars 9-10 has been added in accordance with modern practice. The original instructions specified figures of eight round the standing second and third couples on bars 17-24, this has been changed to reels of three to add interest for the supporting couples. The original instructions for bars 25-32 also indicated that first couple were to lead up to the top and cast off into second place, this has been changed to a complete figure of eight to help to use up the music.

## **Lincoln**

A twenty-four bar dance in 6/4 time for two couples in a longwise set, from "The Dancing Master" 10th Edition (1698).

First couple cross to the opposite side on the second chord.

1-2 First couple cast off into second place, second couple step up.

3-6 First and second couples set.

7-12 Second couple repeat bars 1-6.

13-16 First man dances down in front of second lady and casts up to place, whilst first lady casts off behind second man and dances up to place.

17-20 Second lady dances up in front of first man and casts off to place, whilst second man casts up behind first lady and dances down to place.

21-22 First and second couples turn with the right hand.

23-24 First and second couples change places on the sides giving left hands.

Repeat from second place.

Recommended tune: Lincoln

### *Musical Notes*

The name tune is written in six bar phrases.

## **Lord Phoppington**

A twenty-four bar Reel for two couples in a longwise set, from "The Dancing Master" 11th Edition (1701).

- 1-4 First couple lead down between second couple and cast up to place.
- 5-8 First couple dance a half figure of eight round second couple.
- 9-12 Second couple lead up between first couple and cast off to place.
- 13-16 Second couple dance a half figure of eight round first couple.
- 17-18 First man and second lady cross giving right hand.
- 19-20 First lady and second man cross giving right hand.
- 21-24 First and second couples dance four hands round to the left in a circle.

Repeat from second place.

Recommended tune: Lord Phoppington

### *Musical Notes*

The music comprises two phrases of eight bars, the first of which is repeated.

## **Love's Triumph**

A forty-eight bar Reel for three couples in a longwise set, from "The Dancing Master" (1710).

- 1-4 First and second couples face diagonally and advance and retire.
- 5-8 First and second couples set and dance four hands round in a circle to the left half way.
- 9-16 First and third couples repeat bars 1-8.
- 17-18 First couple cast up into second place, third couple step down.
- 19-22 First, second and third couples dance back to back.
- 23-24 First, second and third couples set.
- 25-32 First and second couples dance rights and lefts.
- 33-34 First man and third lady turn with the right hand, first lady and second man do the same.
- 35-36 First and third men turn with the left hand, first and second ladies do the same, first couple finish in second place, all three couples are on the opposite sides.
- 37-40 First, second and third couples dance back to back.
- 41-46 First couple dance a complete figure of eight on the sides, dancing up between second couple with nearer hands to commence.
- 47-48 First, second and third couples cross giving right hands.

Repeat from second place.

Recommended tune: Love's Triumph

### *Musical Notes*

The tune comprises an eight bar phrase, repeated, followed by a sixteen bar phrase, repeated.

### *Dance Formation Notes*

The instructions as given do not include the final cross back to own sides, this is implied, as the last figure is given as: lead up between second couple and cast off, lead down between third couple and cast up.

### *General Notes*

The Italian Opera "La Pastorella" was translated into English and performed under the title "Love's Triumph". Between acts there were interludes of shepherds and shepherdesses performing country dances. This dance is believed to have been devised for performance between acts of this particular opera.

## **Mad Robin**

### **Alternative name: Madam Robin**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" 9th Edition (1695).

- 1-2 First man and second lady turn with the right hand.
- 3-4 First couple turn with the left hand.
- 5-8 First man crosses back to his own place and casts off, second man steps up.
- 9-10 First couple turn with the left hand.
- 11-12 First lady and second man turn with the right hand.
- 13-16 First lady crosses back to her own side and casts off, second lady steps up.
- 17-20 First lady casts up to the top and slips down the middle to second place, whilst first man dances up the middle and casts off.
- 21-24 First couple turn with two hands.
- 25-28 First man casts up to the top and slips down the middle to second place, whilst first lady dances up the middle and casts off.
- 29-32 First couple turn with two hands.

Repeat from second place.

Recommended tune: Mad Robin

### *Musical Notes*

The tune first appeared in the 7th Edition of "The Dancing Master".

### *Dance Formation Notes*

According to the original instructions the turn on bars 9-10 was with the right hand and that on 11-12 with the left hand; this has been changed to improve the flow of this figure for first lady.

### *General Notes*

The same dance was included in Dezais' "Recueil de Contredanses" (1712) under the title "Madam Robin".

## **Mantua Makers' Frolic**

A thirty-two bar Reel for three couples in a longwise set, from Thompson's "24 Country Dances" (1758).

- 1-2 First couple cast below second couple.
- 3-6 First couple dance a half figure of eight round third couple, crossing down to commence.
- 7-8 First couple cross up between second couple to their original places.
- 9-16 First couple lead down between the second and third couples, cast up behind third couple, lead up to the top and cast off into second place, second couple step up on bars 15 & 16.
- 17-24 First and third couples dance four hands round to the left in a circle and back to the right.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Mantua Makers' Frolic

## **The Margravine's Waltz**

A twenty-four bar Waltz for three couples in a longwise set, from Preston's "Twenty Four Country Dances" (1799).

- 1-4 First couple turn with the right hand.
- 5-8 First couple turn with the left hand.
- 9-12 First couple lead down to third place, second and third couples step up.
- 13-16 First couple set and lead up to second place, third couple step down.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.

Repeat from second place.

Recommended tune: The Margravine's Waltz

### *Musical Notes*

The music comprises three phrases of eight bars.

## **Miss Sayers' Allemande**

A thirty-two bar Reel for three couples in a longwise set, from Budd's "Six Favourite Minuets" (1781).

- 1-4 First couple cast off for four steps, second couple step up.
- 5-8 First couple cast up into second place and dance a petronella turn to finish with first lady between second couple and first man between third couple.
- 9-12 First, second and third couples join nearer hands and set, first couple turning into second place on the opposite side on bars 11-12.
- 13-16 First, second and third couples join nearer hands and set.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 25-28 First couple turn with the right hand.
- 29-32 First couple turn one and a half times with the left hand to own sides of the set.

Repeat from second place.

Recommended tune: Miss Sayers' Allemande

### *Dance Formation Notes*

The original instructions give the last figure as "allemande with the right and left hands". The dance "The Allemande" incorporated a variety of turning movements, which became known as "Allemandes". For simplicity right and left hand turns have been substituted.

## **Miss MacDonald's Reel**

A thirty-two bar Reel for three couples in a longwise set, from Thompson (1793).

- 1-4 First couple turn with the right hand.
- 5-8 First couple cast off, second couple step up.
- 9-12 First couple turn with the left hand.
- 13-16 First couple cast up, second couple step down.
- 17-20 First couple join both hands and slip down the middle and back.
- 21-24 First couple set and cast off, second couple step up.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Miss MacDonald's Reel

### *Dance Formation Notes*

The setting on bars 21-22 has been added in accordance with modern technique.

## **Miss Dolland's Delight**

A thirty-two bar Reel for three couples in a longwise set, from Thompson's "Compleat Collection" Vol. 4 (1780).

- 1-4 First man and second lady set twice.
- 5-8 First man and second lady turn with two hands.
- 9-12 First lady and second man set twice.
- 13-16 First lady and second man turn with two hands.
- 17-24 First couple set, lead down between the second and third couples and cast up into second place, second couple step up on bars 19 & 20.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Miss Dolland's Delight

### *Dance Formation Notes*

The setting on bars 17-18 has been added due to the change in the manner of casting in recent years.

### *Dance Formation Notes (2020)*

Formally bars 1-4 and 9-12 were simply "set" in four bars. It is presumed that "set twice" is intended.

### *General Notes (2020)*

Note that both spellings "Dolland" and "Dollond" are acceptable.

## **Mr Cosgill's Delight**

### **Alternative name: Corelli's Gavot**

A sixteen bar Reel for two couples in a longwise set, from Walsh's "New Country Dancing Master" (1728).

- 1-4 First and second couples dance right hands across in a wheel.
- 5-8 First and second couples dance left hands across in a wheel.
- 9 First man and second lady change places passing by the right.
- 10 First lady and second man change places passing by the right.
- 11-12 First and second couples dance in a clockwise chase half way round to their original places.
- 13-16 First and second couples dance half rights and lefts and cross back to their own side.

Repeat from second place.

Recommended tune: The "Gavotta" movement from Arcangelo Corelli's Trio Sonata Opus 2 no. 1 (1685)

### *Musical Notes*

The tune comprises two phrases, each of four bars, repeated.

### *General Notes*

The same dance and music also appeared in Wright's "Compleat Collection" (1740) under the title "Corelli's Gavot".

## **Miss Sparks's Maggot**

A forty-eight bar Jig for three couples in a longwise set, from Johnson's "Two hundred Favourite" Vol. 8 (1753).

- 1-4 First couple dance down between second couple with nearer hands and cast up to place.
- 5-8 First and second couples join hands on the sides and set.
- 9-10 First couple cast off, second couple step up.
- 11-14 First couple dance down between third couple with nearer hands and cast up into second place.
- 15-16 First, second and third couples join hands on the sides and set.
- 17-24 First and third couples dance right hands across in a wheel and back with the left hands.
- 25-32 First and second couples dance rights and lefts.
- 33-34 First couple set to first corners.
- 35-36 First couple set to second corners and finish between their corners.
- 37-40 First couple turn with two hands.
- 41-48 First couple lead out between the second and third ladies, first lady cast up and first man casts down; they meet and lead out between the second and third men, first lady cast up and first man casts down; they meet and turn one and a quarter times to finish facing down ready to repeat.

Repeat from second place.

Recommended tune: Miss Sparks's Maggot

### *Musical Notes*

The setting during the first sixteen bars was originally for first couple only.

## **Mother Brown's Cat**

A thirty-four bar Reel for two couples in a longwise set, from "The Dancing Master" 11th Edition (1701).

- 1-4 First and second couples turn with the right hands.
- 5-8 First couple cast off into second place, second couple step up on bars 7 & 8.
- 9-12 First couple lead down and lead up through second place. Meanwhile second couple lead up and lead down to first place.
- 13-16 First couple continue to the top, passing between second couple, and cast off into second place.
- 17-20 First and second couples dance half rights and lefts.
- 21-22 First man and second lady change places giving right hand.
- 23-24 First lady and second man change places giving right hand.
- 25-26 First couple join both hands and slip up between second couple.
- 27-28 First couple slip down between second couple.
- 29-30 First couple slip up between second couple.
- 31-32 First couple cast off into second place.
- 33-34 First and second couples turn with the right hand once round.

Repeat from second place.

Recommended tune: Mother Brown's Cat

### *Musical Notes*

The tune comprises two phrases, the first is of eight bars, repeated, and the second is of 18 bars.

### *Dance Formation Notes*

The original instructions indicate that second couple cross to their own sides on the last two bars which appears to be a mistake. By omitting the last turn a more conventional 32 bar dance would arise, but this would not fit the named tune.

## **Mr Beveridge's Maggot**

### **Alternative name: Ever Happy**

A sixteen bar dance in 3/2 time for two couples in a longwise set, from "The Dancing Master" 9th Edition (1696).

- 1-2 First couple cross giving right hand and set.
- 3-4 First man and second lady dance back to back, first lady and second man do the same.
- 5 First couple set to second couple.
- 6-7 First man and second lady turn with the right hand, first lady and second man do the same.
- 8 First couple cross giving left hand.
- 9-10 First couple cross giving right hand and cast off, second couple step up.
- 11-12 First couple dance back to back.
- 13 First couple join nearer hands with second couple and dance up in a line of four.
- 14 First couple cast into second place.
- 15-16 First couple dance a half figure of eight round second couple crossing up to commence.

Repeat from second place.

Recommended tune: Mr Beveridge's Maggot

### *Musical Notes*

The tune comprises two phrases, the first is of four bars, repeated, and the second is eight bars. Two steps to each bar of music.

### *Dance Formation Notes*

The original instructions for the last four bars are lead up hands abreast, half figure of eight through second couple and cast off.

### *General Notes*

This dance is one of a number which were printed by Henry Playford in 1696 and added to the back of the 9th Edition which was printed in 1695. Many of these dances were devised by Mr Beveridge. This dance also appeared in a later volume of "The Dancing Master" with different music, under the title "Ever Happy".

## **Mr Isaac's Maggot**

A twenty bar dance in 3/2 time for two couples in a longwise set, from "The Dancing Master" (1698).

- 1-2 First man and second lady turn with the right hand.
- 3-4 First man casts off, second man steps up.
- 5-6 First lady and second man turn with the right hand.
- 7-8 First lady casts off, second lady steps up.
- 9-10 First and second couples retire and advance.
- 11-12 First and second couples set.
- 13-16 First couple dance a figure of eight round second couple, crossing up to commence, and dance in to join nearer hands with second couple forming a line of four all facing the top.
- 17-18 First and second couples advance and retire.
- 19-20 First couple dance up between second couple and cast off into second place.

Repeat from second place.

Recommended tune: Mr Isaac's Maggot

### *Musical Notes*

The tune comprises two phrases, the first of eight bars and the second of twelve bars. Two steps to each bar of music.

### *General Notes*

The dance appears to be a variation of "Les Folies Disaac" from Feuillet's "Recueil de Contredanses" (1706).

## **The North Down Waltz**

A twenty-four bar Waltz for two couples in a longwise set, from Goulding's "Goulding & Cos. Collection" (1820).

- 1-4      First lady and second man balance and change places passing by the right.
- 5-8      First man and second lady repeat bars 1-4.
- 9-16     First couple dance down the middle and back.
- 17-24    First and second couples take a waltz hold and dance an all round poussette.

Repeat from second place.

Recommended tune: The North Down Waltz

## **Mr Hamilton of Wishaw's Reel**

A thirty-two bar Reel for three couples in a longwise set, from G. Faulding's "24 Country Dances for 1799".

- 1-4 First couple cast off for four bars.
- 5-8 First couple cast up to place.
- 9-12 First couple join both hands and slip down the middle and back.
- 13-16 First couple cast off to finish facing first corners, second couple step up on bars 13 & 14.
- 17-20 First couple turn their first corners with two hands.
- 21-24 First couple turn their second corners with two hands.
- 25-28 First couple lead out between the second and third ladies and separate, first lady casts up and first man casts down.
- 29-32 First couple lead out between the second and third men and separate, first lady casts up and first man casts down.

Repeat from second place.

Recommended tune: Mr Hamilton of Wishaw's Reel

### *General Note (2020)*

In the original publication, this dance was named "Mr Hamilton of Washaw's Reel". As we were made aware, this may be mistaken, as there is no known other reference to "Washaw" or to a tune with that name. For this reason, "Wishaw" is used as the name in this edition.

## **Mrs Booth's Minuet**

**Alternative names: Cupid's Guess / Draper's Maggot**

A thirty-two bar Minuet for three couples in a longwise set (from 1709).

- 1-4 First and second couples dance four hands round to the left in a circle.
- 5-8 First couple cast off into second place, second couple dance up.
- 9-16 First and third couples dance rights and lefts.
- 17-20 First couple turn their first corners with two hands.
- 21-24 First couple turn with two hands.
- 25-28 First couple turn their second corners with two hands.
- 29-32 First couple turn with two hands.

Repeat from second place.

Recommended tune: Mrs Booth's Minuet

### *General Notes (2020)*

These figures have also been published with different music under the titles “Cupid's Guess” and “Draper's Maggot”, which is included earlier in this book as a waltz.

## **Mrs Gordon of Troop's Strathspey**

A forty bar Strathspey for three couples in a longwise set, from G. Astor's "24 Country Dances for 1800".

- 1-4 First and second couples set and cross over giving right hand.
- 5-8 First and second couples set and cross over giving right hand.
- 9-16 First couple dance down the middle and back.
- 17-24 First couple turn two and a half times with both hands to finish facing their first corners,  
second couple step up on bars 19 & 20.
- 25-28 First couple turn their first corners with two hands.
- 29-32 First couple turn their second corners with two hands.
- 33-40 First and second couples dance an all round poussette.

Repeat from second place.

Recommended tune: Mrs Gordon of Troop's Strathspey

## **One More Dance And Then**

A twenty-four bar Reel for three couples in a longwise set, from Johnson (1750).

- 1-8 First couple dance down the middle and back, cast off into second place.
- 9-16 Six hands round to the left in a circle and back to the right.
- 17-24 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: One More Dance and then

### *Musical Notes*

The music comprises two eight bar phrases, the second of which is repeated.

### *Dance Formation Notes*

On bars 1-8, the original manuscript allowed four bars to lead down and four to lead up and cast off into second place.

## **Mrs Hamilton of Wishaw**

A thirty-two bar Strathspey for two couples in a longwise set, from Blane & Weller's "24 Favourite Country Dances, Hornpipes and Reels" (1803).

- 1-4 First lady and second man set.
- 5-8 First lady and second man turn with two hands.
- 9-12 First man and second lady set.
- 13-16 First man and second lady turn with two hands.
- 17-24 First couple dance down the middle and back.
- 25-32 First and second couples allemande.

Repeat from second place.

Recommended tune: Mrs Hamilton of Wishaw

## **My Lady Winwood**

A thirty-two bar Reel for three couples in a longwise set, from "The Dancing Master" Vol. 3 (1728).

- 1-2 First couple set.
- 3-4 First couple cast off into second place.
- 5-8 First couple dance down between third couple, with nearer hands, and cast up into second place.
- 9-16 First man dances a reel of three with third couple, whilst first lady dances a reel of three with second couple, passing first corners by the left to commence.
- 17-20 Six hands round to the left in a circle.
- 21-24 All dance back to back.
- 25-32 First couple dance a figure of eight on own sides of the set, dancing down between third couple to commence and taking nearer hands.

Repeat from second place.

Recommended tune: My Lady Winwood's Maggot

### *Musical Notes*

The tune comprises an eight bar phrase, repeated, followed by a sixteen bar phrase.

### *Dance Formation Notes*

The original instructions specified that first couple danced figures of eight round the standing couples on bars 9-16; this has been changed to make the dance more interesting for the supporting couples.

## **New New Nothing**

A thirty-two bar Reel for two couples in a longwise set, from "The English Dancing Master" (1651).

The whole set dances the first sixteen bars.

- 1-4 All face the top, join nearer hands with partner and advance and retire.
- 5-6 All slip to their left.
- 7-8 All turn half way with the right hand and finish facing down with nearer hands joined.
- 9-12 All advance and retire.
- 13-14 All slip to their left.
- 15-16 All turn half way with the right hand and finish in original places on the sidelines.
  
- 17-18 First man and second lady change places giving right hand.
- 19-20 First and second ladies change places giving left hand.
- 21-22 First and second men change places giving right hand.
- 23-24 First lady and second man change places giving left hand.
- 25-26 First and second men turn with two hands, the first and second ladies do the same.
- 27-30 First couple dance a half figure of eight round second couple crossing up to commence.
- 31-32 First couple cross to second place on own side.

Repeat from second place.

Recommended tune: New New Nothing

### *Dance Formation Notes*

According to the original instructions the last movement is:

- 25-26 First and second men turn half way with two hands.
- 27-28 First and second ladies turn half way with two hands.
- 29-32 First couple lead up between second couple into first place, cross over, cast off into the second place and change places.

The half turns on bars 25-28 would place first couple in first place, making it impossible to lead up between second couple, and the movement would require at least 10 bars to dance.

## **Once A Night**

A forty bar Jig for three couples in a longwise set, from Thompson's "Twenty Four Country Dances" (1774).

- 1-4 First couple set and cast off, second couple step up.
- 5-8 First and third couples dance four hands round to the left in a circle.
- 9-12 First couple set and cast up, second couple step down.
- 13-16 First and second couples dance four hands round to the left in a circle.
- 17-24 First couple dance a figure of eight round the second and third couples on the opposite sides of the set, crossing below second couple to commence and finishing in their partner's place.
- 25-32 First couple dance a figure of eight round the second and third couples on own sides of the set, crossing below second couple to commence and finishing in their own place.
- 33-40 First couple lead down below third couple, cast up behind third couple, lead up to the top and cast off, second couple step up on bars 39 & 40.

Repeat from second place.

Recommended tune: Once a Night

### *Musical Notes*

The music comprises an eight bar phrase (A) and a sixteen bar phrase (B), it is played A, A, B, A.

## **Tom Thumb**

### **Alternative name: John of Paris**

A twenty-four bar Reel for two couples in a longwise set, from J. P. Boulogne's "The Ballroom or Juvenile Pupil's Assistant" (1830).

- 1-8 First and second couples dance rights and lefts.
- 9-16 First couple dance down the middle and back.
- 17-24 First and second couples poussette.

Repeat from second place.

Recommended tune: Tom Thumb

### *General Notes*

These figures also appeared under the title "John of Paris" in J. Daniel & Sons' "The Ballroom Companion" (1879).

## **Orleance Baffled**

A twelve bar dance in 3/2 time for three couples in a longwise set, from "The Dancing Master" Vol. 2 (1710).

- 1-2 First couple set and cast off, second couple step up.
- 3-4 First and third couples "draw": they take two hands with partner,
  - 3 first couple dance straight out to the men's side (man retires and lady advances) and third couple to the ladies' side (lady retires and the man advances);
  - 4 first couple dance straight in to third place (man advances and lady retires) and third couple to second place (lady advances and the man retires).
- 5-6 First couple set and cast up third couple step down.
- 7-8 First and second couples "draw": they take two hands with partner,
  - 7 first couple dance straight out to the ladies' side (lady retires and the man advances) and second couple to the men's side (man retires and lady advances);
  - 8 first couple dance straight in to first place (lady advances and the man retires) and second couple to second place (man advances and lady retires).
- 9 First man and second lady change places giving right hand.
- 10 First lady and second man change places giving left hand.
- 11-12 First couple face up and second couple face down, and dance a chain for three changes giving right hands on the side to commence and finishing with first couple in second place and second couple in first place on own sides.

Repeat from second place.

Recommended tune: Orleance Baffled

### *Musical Notes*

The tune is twelve bars in length.

Two steps to each bar of music.

## **The Phoenix**

A forty bar Jig for two couples in a longwise set, from "The Dancing Master" Vol. 2 (1713).

- 1-4 First and second couples face up and down on the sides and dance back to back.
- 5-8 First and second couples dance four hands round to the left in a circle.
- 9-12 First couple set and cast off into second place, second couple step up on bars 11 & 12.
- 13-16 First couple dance back to back.
- 17-20 Second couple set and cast off, first couple step up.
- 21-24 First couple set and cast off, second couple step up.
- 25-28 First couple dance a half figure of eight round second couple, crossing up to commence.
- 29-32 First couple turn with two hands to own sides of the set.
- 33-36 First and second couples dance back to back.
- 36-40 First and second couples turn with two hands once round.

Repeat from second place.

Recommended tune: The Phoenix

### *Musical Notes*

The tune is in three phrases, the first is eight bars, the second four bars and the third eight bars, each of which is repeated.

### *Dance Formation Notes*

On bars 25-32, the original instructions specify a complete figure of eight, crossing down between second couple to commence, cast off into second place and turn with two hands; but this is not possible as first couple are already in second place and it would leave insufficient music for an easy turn.

## **Pontius Pilate's Rant**

A forty-eight bar Jig for three couples in a longwise set, from Johnson "Choice Collection" Vol. 3 (1744).

- 1-8 First, second and third couples dance reels of three on the sides of the set, first couple dance in and down to commence.
- 9-10 First couple join both hands and slip down the middle into third place.
- 11-12 First couple set.
- 13-16 First couple dance a half figure of eight round third couple.
- 17-18 First couple join both hands and slip up the middle into second place.
- 19-20 First couple set.
- 21-24 First couple dance a half figure of eight round second couple, to finish facing their first corners.
- 25-32 Hello-Goodbye setting:  
First couple set to first corner, partner, second corner and partner and finish facing their second corners.
- 33-40 First couple pass their second corners by the right for reels of three on the sides, first couple finish in second place.
- 41-44 First, second and third couples advance and retire.
- 45-48 First, second and third couples turn with two hands (first couple one and a half times to own sides of the set).

Repeat from second place.

Recommended tune: Pontius Pilate's Rant

### *Musical Notes*

The original tune comprises a four bar phrase which is repeated, followed by an eight bar phrase which is repeated to make up twenty four bars, the whole being played twice through for each repeat.

### *Dance Formation Notes*

The original instructions, for the first eight bars, are for first couple to dance a figure of eight on own sides of the set; dancing in and down to commence and joining nearer hands with partner when dancing down between second couple and up between third couple: as this means that the first 24 bars are a solo for first couple, this has been changed to reels of three to make the dance more interesting for the supporting couples.

## **Portsmouth**

A thirty-two bar Reel for two couples in a longwise set, from "The Dancing Master" (1709).

- 1-8 First couple dance a reel of three with second lady, second lady passes first man by the left to start.
- 9-16 First couple dance a reel of three with second man, second man passes first lady by the right to start.
- 17-20 First couple cross giving right hands and cast off, second couple step up.
- 21-24 First couple dance half a figure of eight round second couple, crossing up to commence.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Portsmouth

### *Dance Formation Notes*

The instructions do not clearly indicate how the reels are to be performed, reels across have been chosen because they make for an easy flow between the figures compared with reels on the sides.

## **Prince Edward's Jig**

A thirty-two bar Jig for three couples in a longwise set, from Thompson (1757).

- 1-4 First couple set twice.
- 5-8 First couple cast off into third place, the second and third couples join hands on the sides and step up on bars 7 & 8.
- 9-12 First couple set and cross into second place on the opposite side, third couple step down on bars 11 & 12.
- 13-16 First couple set and cross into first place on own side, second couple step down on bars 15 & 16.
- 17-20 First man couple join both hands and slip down the middle and back.
- 21-24 First couple set and cast off into second place, second couple step up on bars 23 & 24.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Prince Edward's Jig

### *Dance Formation Notes*

Third couple do not have much to do, but it would be difficult to adapt this dance for two couples only.

## **Prince Rupert's March**

A seventy-two bar March for four couples in a longwise set, from "The English Dancing Master" (1651).

- 1-8 All four couples promenade clockwise.
- 9-14 First man followed by the second, third and fourth men, who dance up to follow, casts off to finish opposite fourth lady.
- 15-16 All cross over passing the opposite person by the left.
- 17-22 First man followed by the second, third and fourth men, who dance down to follow, casts up to finish opposite own partners.
- 23-24 All cross over passing own partner by the left.
- 25-32 All four couples promenade anticlockwise.
- 33-38 First lady followed by the second, third and fourth ladies, who dance up to follow, crosses above her partner and casts off to finish in fourth man's place, the men cross on bars 35-36.
- 39-40 All cross over passing own partner by the right.
- 41-46 First lady followed by the second, third and fourth ladies, who dance up to follow, crosses below fourth man and casts up to finish in their own partners places, the men cross on bars 43-44.
- 47-48 All cross over passing own partner by the right.
- 49-56 All four couples promenade clockwise.
- 57-60 First couple followed by the second, third and fourth couples, who dance up to follow, cross passing by the right and cast off behind the other line into fourth place.
- 61-64 All retire and advance into line.
- 65-68 First couple followed by the second, third and fourth couples, who dance down to follow, cross passing by the right and cast up on own side behind the other line into original places.
- 69-72 All retire and advance into line.

Recommended tune: Prince Rupert's March

### *Dance Formation Notes*

This dance being a March, it should be walked throughout.

## **Prince William**

A sixty-four bar Reel for three couples in a longwise set from Walsh's "Compleat Country Dancing Master" (1731).

- 1-8 First couple dance reels of three on the opposite sides of the set with the second and third couples, crossing below second couple to start.
- 9-16 First couple dance reels of three on own sides of the set with the second and third couples, crossing below second couple to start.
- 17-20 First couple cross giving right hand and cast off, second couple step up.
- 21-24 First couple turn one and a half times with two hands.
- 25-32 Second couple repeat bars 17-24.
- 33-36 First couple turn their first corners with right hands.
- 37-40 First couple turn with their left hands.
- 41-44 First couple turn their second corners with right hands.
- 45-48 First couple turn with their left hands.
- 49-52 First couple lead out between the second and third ladies and separate; first lady casts up and first man casts down.
- 53-56 First couple meet in the centre of the set and turn with two hands.
- 57-60 First couple lead out between the second and third men and separate; first lady casts up and first man casts down.
- 61-64 First couple meet in the centre of the set and turn one and a quarter times with two hands.

Repeat from second place.

Recommended tune: Prince William

## **Prince William of Glo'ster's Waltz**

A thirty-two bar Waltz for two couples in a longwise set from Preston's "Twenty Four Country Dances" (1801).

- 1-4 First lady and second men balance forward and back.
- 5-8 First lady and second man change places giving right hands.
- 9-12 First man and second lady balance forward and back.
- 13-16 First man and second lady change places giving right hands.
- 17-24 First and second couples take a waltz hold with partner and dance an all round poussette.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Prince William of Glo'ster's Waltz

## **The Queen's Jig**

**Alternative names: London Bridge / The Foxhunter's Jig / Princess of Hesse's Jig**

A thirty-two bar Jig for two couples in a longwise set from "The Dancing Master" (1701).

- 1-8 First man and second lady set.
- 9-16 First lady and second man set.
- 17-18 First man and second lady change places giving right hands.
- 19-20 First lady and second man change places giving right hands.
- 21-24 First and second couples turn one and a half times with the right hand.
- 25-28 First and second couples dance right hands across in a wheel.
- 29-32 First and second couples set.

Repeat from second place.

Recommended tune: The Queen's Jig

### *Dance Formation Notes*

The original instructions specified particular setting steps which are no longer in the Scottish repertoire. Possibly the nearest step to be used for the first sixteen bars would be the highland "shake and travel step".

### *General Notes*

John Walsh republished this dance with the same music under the title "Princess of Hesse's Jig"; he also republished the same figures with different music under the titles "London Bridge" and "The Foxhunter's Jig".

## **The Punk's Delight**

A sixty-four bar Reel for two couples in a longwise set, from "The Dancing Master" (1651).

- 1-4 All face the top with nearer hands joined and advance and retire.
- 5-8 Repeat bars 1-4.
- 9-16 All set.
- 17-18 First couple cross to finish back to back facing second couple.
- 19-20 First couple turn second couple half way with two hands.
- 21-22 First man pushes second lady into second place on the men's side as first lady pushes second man into first place on the ladies' side.
- 23-24 First man slips up between second couple and first lady slips down between second couple.
- 25-28 First and second couples dance four hands round to the left in a circle.
- 29-32 First and second couples turn own partner with the right arm to finish with first couple in second place on opposite sides (in the centre of the set) and second couple in first place.
- 33-40 First man dances a figure of eight round second couple, casting up behind second lady to commence; at the same time first lady dances a figure of eight round second couple, commencing by crossing up between second couple and casting down behind second lady, first couple give right hands as they pass behind second lady's back and also behind second man's back, at the end first couple finish in the middle, man up and lady down.
- 41-44 First couple dance right hands across in a wheel with second man, at the end of the wheel first couple turn to their right to face the top.
- 45-48 First couple dance right hands across in a wheel with second lady, first couple finish in second place on own side.
- 49-56 First man crosses between the first and second ladies and dances out towards the side wall, the ladies turn inwards and follow him, followed by second man. They all turn to their right and second man leads them back.
- 57-64 All cast to the right and dance into progressed places on the opposite sides and cross over giving left hands in passing.

Repeat from second place.

Recommended tune: The Punk's Delight

## **Queen Bess's Dame of Honour**

A forty-eight bar Jig for two couples in a longwise set, from "The Dancing Master" Vol. 2 (1710).

- 1-4 First man and second lady turn with two hands once round.
- 5-8 First lady and second man turn with two hands once round.
- 9-12 First couple dance a half figure of eight round second couple.
- 13-16 First couple cross giving right hand and cast off into second place, second couple step up.
- 17-22 First and second couples dance right hands across in a wheel half way and back with the left hands.
- 23-24 First couple cast up into first place and second couple lead down to second place.
- 25-32 First and second couples dance rights and lefts.
- 33-40 First and second couples dance an all round poussette.
- 41-44 First couple cross giving right hand and cast off into second place.
- 45-48 First couple turn one and a half times to own side.

Repeat from second place.

Recommended tune: Queen Bess's Dame of Honour

### *Musical Notes*

The original tune is a sixteen bar phrase which is repeated three times.

### *Dance Formation Notes*

The original instructions indicate that bars 33-40 comprised two consecutive draws to change places each performed thus:

- 1-2 Both couples join two hands with partner and using pas de basque step, the top couple dance straight out to the men's side and the lower couple straight out to the ladies' side.
- 3-4 Both couples dance straight in having changed places top lady and lower man passing back to back.

## **Ramsgate Assembly**

A forty-eight bar Waltz for three couples in a longwise set, from Budd's "Twenty-fifth Book" (1795).

- 1-4 First and second couples set.
- 5-8 First and second couples dance half rights and lefts.
- 9-16 First and second couples repeat bars 1-8.
- 17-24 First couple dance down the middle and back.
- 25-32 First and second couples allemande.
- 33-36 First couple turn first corners with the right hand.
- 37-40 First couple turn with the left hand.
- 41-44 First couple turn second corners with the right hand.
- 45-48 First couple turn with the left hand.

Repeat from second place.

Recommended tune: Ramsgate Assembly

## **Sun Assembly**

A thirty-two bar Reel for three couples in a longwise set, from Thompson's "Compleat Collection" (1757).

- 1-8 First and second couples dance right hands across in a wheel and back with the left hands.
- 9-12 First couple cross giving right hands and cast off, second couple step up.
- 13-16 First couple dance a half figure of eight round second couple, crossing up to commence.
- 17-20 First and third couples dance four hands round to the left in a circle.
- 21-24 First and second couples dance four hands round to the left in a circle.
- 25-28 First couple take nearer hand and dance up between second couple and cast off.
- 29-32 First couple turn with two hands.

Repeat from second place.

Recommended tune: Sun Assembly

### *Musical Notes*

The tune is in two sixteen bar phrases.

### *Dance Formation Notes*

The original instructions for first couple on bars 9-16 are "cross over, cast off, dance half a figure of eight, set and turn". The setting and turning has been omitted.

## **Richmond Ball**

### **Alternative name: Mr Lane's Maggot**

A thirty-two bar Reel for three couples in a longwise set, from "The Dancing Master" (1698).

- 1-8 First couple set, cast off behind the second and third couples and dance up with nearer hand between third couple.
- 9-16 First couple cast off behind third couple, dance up to the top with nearer hand and cast off, second couple step up on bars 15 & 16.
- 17-20 First man and second lady turn with the right hand.
- 21-24 First lady and second man turn with the right hand.
- 25-28 First couple take nearer hands with second couple, dance in to form a line of four facing the top and all advance and retire.
- 29-32 First couple dance up between second couple and cast off.

Repeat from second place.

Recommended tune: Mr Lane's Maggot

### *General Notes*

This dance originally titled "Mr Lane's Maggot" was another late addition by Henry Playford to the ninth edition of "The Dancing Master". From the 1718 issues on the dance was retitled "Richmond Ball or Mr Lane's Maggot".

## **The Riddle**

A sixteen bar Reel for three couples in a longwise set, from Johnson (1757).

- 1-4 First couple dance down in front of second couple and cast off behind third couple.
- 5-8 First couple lead up to the top and cast off into second place.
- 9-10 All join hands on the sides and set.
- 11-12 First man casts down to finish between third couple facing up, whilst first lady casts up to finish between second couple facing down.
- 13-14 All join hands in lines across and set.
- 15-16 First couple cast into second place on their own sides.

Repeat with from second place.  
Recommended tune: The Riddle

### *Musical Notes*

The tune comprises two phrases of four bars, each of which is repeated.

## **Round About Our Coal Fire**

A thirty-two bar dance for two couples in a longwise set, from Richard Brides "Collection" (1766).

- 1-4 First couple dance down the middle and back and cast off.
- 5-8 Second couple repeat bars 1-4.
- 9-12 First couple and second lady dance a reel of three, second lady and first man passing by the left to commence.
- 13-16 First couple and second man dance a reel of three, second man and first lady passing by the right to commence.
- 17-18 First lady advances towards second man.
- 19-20 First lady and second man turn with two hands once round.
- 21-24 First man and second lady repeat bars 17-20.
- 25-26 First couple cross over and cast off into second place.
- 27-28 First couple turn with two hands to own sides of the set.
- 29-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Old Simon the King

### *Musical Notes*

The original tune, in 9/4 time, as published by John Playford, is in two phrases of four bars each, the phrases are each repeated to make up sixteen bars, the whole being repeated.

### *Dance Formation Notes*

The dance should be performed using the running step, with movements equivalent to two normal steps to each bar of music.

## **The Round**

A thirty-two bar dance for two couples in a longwise set, from "The Dancing Master" (1703).

- 1-4 First couple turn with two hands into second place, second couple step up.
- 5-8 Second couple repeat bars 1-4.
- 9-10 All join hands on the sides and slip to the left.
- 11-12 All retain hands on the sides and slip to the right.
- 13-16 All turn with the right hand.
- 17-20 All join nearer hands and retire and advance.
- 21-22 All set.
- 23-24 First couple take two hands and slip down into second place, second couple slip up on the sides.
- 25-32 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: The Round

## **Rural Sports**

A sixty-four bar Reel for three couples in a longwise set, from John Johnson's "Choice Collection" (1748).

- 1-4 First, second and third couples advance and retire.
- 5-8 First, second and third couples cross giving right hand.
- 9-16 First, second and third couples repeat bars 1-8.
- 17-20 First couple cross and cast off into second place, second couple step up on bars 19 & 20.
- 21-24 First and third couples dance four hands round to the left in a circle.
- 25-28 First couple dance half a figure of eight round third couple, crossing down to commence.
- 29-32 First and second couples dance four hands round to the left in a circle.
- 33-40 First man dances a reel of three with third couple and first lady dances a similar reel with second couple they pass first corners by the left to commence.
- 41-48 First man dances a reel of three with second couple and first lady dances a similar reel with third couple, they pass their second corners by the right to commence.
- 49-56 First couple cross giving left hand and cast round their first corners, cross back to their own side and cast into second place.
- 57-64 First couple cross giving right hand and cast round their second corners, cross back to their own sides and cast into second place.

Repeat from second place.

Recommended tune: Rural Sports

### *Musical Notes*

The original tune is in four phrases of eight bars each of which is repeated.

## **Sage Leaf**

A one hundred and twenty-eight bar Jig for four couples in a square set, from "The Dancing Master" 4th Edition (1670).

- 1-8        Eight hands round to the left in a circle and back to the right.
- 9-12      All four men advance and retire.  
13-16     All four ladies advance and retire.
- 17-20     First couple advance and retire.  
21-24     First couple turn with the right hand.
- 25-32     Second couple repeat bars 17-24.  
33-40     Third couple repeat bars 17-24.  
41-48     Fourth couple repeat bars 17-24.
- 49-52     All turn partner one and a half times with the right hand.  
53-56     All turn corner they are now facing one and a half times with the left hand.  
57-60     All turn original opposite one and a half times with the right hand.  
61-64     All turn corner they are now facing one and a half times with the left hand. (All are now with their original partner but in the opposite places).
- 65-120    Repeat bars 9-64 from new places.  
121-128   Repeat bars 1-8.

Recommended tune: Sage leaf

### *Musical Notes*

The original tune comprises four phrases, the first (A) and second (B) are four bars and the third (C) and fourth (D) are both eight bars. The music is played A, A, B, B, C, C, C, C, D, D, B, B, C, C, C, C, D, D, A, A.

### *Dance Formation Notes*

The original dance was a round for as many as will. This would have resulted in endless repetitions of bars 17-24 and of bars 49-56 until one met one's own partner for the repeat back to original places.

## **Saint Margaret's Hill**

A twenty-four bar dance in 3/2 time for two couples in a longwise set, from "The Dancing Master" (1610).

- 1-2 First couple set and cast off, second couple step up.
- 3-4 First couple dance a petronella turn to finish with the man between third couple and the lady between second couple, all join hands and set.
- 5-6 First, second and third couples advance and retire.
- 7-8 First, second and third couples dance six hands round to the left in a circle.
- 9-10 First couple turn first corners with the right hand.
- 11-12 First couple turn with the left hand to face down on own sides.
- 13-14 First couple lead down between third couple and cast up into second place.
- 15-16 First couple turn with two hands.
- 17-18 First couple turn second corners with the right hand.
- 19-20 First couple turn with the left hand to face up on own sides.
- 21-22 First couple lead up between second couple and cast off into second place.
- 23-24 First couple turn with two hands.

Repeat from second place.

Recommended tune: Mr Isaac's Maggot

### *Musical Notes*

The tune comprises two phrases of eight bars, the second being repeated.

Two steps to each bar of music.

### *Dance Formation Notes*

According to the original instructions the circle on bars 7-8 is only danced half way, but this would leave the second and third couples in opposite places for the repeat.

## **St. Martin's Lane**

A fifty-six bar Jig for three couples in a longwise set, from "The Dancing Master" Part II (1696).

- 1-8 First man casts off behind second man, crosses over and turns third lady half way with the right hand, crosses below third man and casts up to his original place.
- 9-16 First lady casts off behind second lady, crosses over and turns third man half way with the left hand, crosses below third lady and casts up to her original place.
- 17-20 First couple lead down between the second and third couples and cast up to finish outside third couple, who turn to face up.
- 21-24 First and third couples join hands in a line across and advance and retire, third couple separating to finish back in the sidelines with first couple in second place.
- 25-28 First couple dance a half figure of eight round third couple, crossing down to commence.
- 29-30 First couple cross giving left hand to third place on own side of the set, third couple step up.
- 31-34 First couple set and cast up into second place, third couple step down.
- 35-36 First and third couples face up and down and set.
- 37-40 First couple lead up between second couple and cast off to finish outside second couple, who turn to face down.
- 41-44 First and second couples join hands in a line across and advance and retire, second couple separating to finish back in the sidelines with first couple in second place.
- 45-48 First couple dance a half figure of eight round second couple, crossing up to commence.
- 49-50 First couple cross to first place on own sides giving right hand, second couple step down.
- 51-54 First couple set and cast off into second place, second couple step up.
- 55-56 First and second couples face up and down and set.

Repeat with new top couple.

Recommended tune: St. Martin's Lane

### *Musical Notes*

The original tune comprises two phrases, the first is eight bars, repeated, and the second is nineteen bars repeated. It is suggested that the last bar be repeated to allow the setting to be completed.

### *Dance Formation Notes*

Originally, at bar 35 and at the end of the dance, only one bar was allowed for a quick bow or curtsy.

## **The Shrewsbury Lasses**

A forty bar Reel for three couples in a longwise set, from Thompson's "Twenty-four Country Dances" (1765).

- 1-4 First man and second lady set.
- 5-8 First man and second lady turn with two hands.
- 9-12 First lady and second man set.
- 13-16 First lady and second man turn with two hands.
- 17-20 First couple set and cast off, second couple step up.
- 21-28 First and third couples dance four hands round to the left in a circle and back to the right.
- 29-36 First couple cross passing by the left and cast round their second corners, cross to own sides and cast into second place.
- 37-40 First couple turn with two hands.

Repeat from second place.

Recommended tune: The Shrewsbury Lasses

### *Musical Notes*

The original tune comprises an eight bar phrase, repeated, and a twelve bar phrase, repeated.

## **The Touchstone**

A thirty-two bar Hornpipe for three couples in a longwise set, from Thompson's "Twenty-four Country Dances" (1780).

- 1-8 First couple dance reels of three on the opposite sides of the set with the second and third couples, crossing below second couple to start.
- 9-16 First couple dance reels of three on own sides of the set with the second and third couples, crossing below second couple to start.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 25-32 First couple lead down between the second and third couples, cast up behind third couple, lead up to the top and cast off, second couple step up on bars 31 & 32.

Repeat from second place.

Recommended tune: The Touchstone

### *Dance Formation Notes*

In the original instructions the circle on bars 17-24 is to the left only.

## **Sion House**

A twenty-four bar Hornpipe for two couples in a longwise set, from "The Dancing Master" 7th Edition (1686).

- 1-2 First and second couples dance four hands round to the left in a circle half way.
- 3-4 First man and second lady set whilst first lady and second man change places giving right hand.
- 5-6 First and second couples dance four hands round to the left in a circle half way.
- 7-8 First lady and second man set whilst first man and second lady change places giving right hand.
- 9-12 First and second men lead through between their partners and cast back to place.
- 13-16 First couple turn with the left hand and second couple turn with the right hand once round.
- 17-20 First and second ladies lead through between their partners and cast back to place.
- 21-24 First and second couples dance half a double figure of eight, to commence first couple cross up between second couple, who dance down and out.

Repeat from second place.

Recommended tune: Sion House

### *Musical Notes*

The original 3/2 tune comprises two eight bar phrases, the second of which is repeated.

## **A Trip to Tunbridge**

### **Alternative name: Chorus Jig**

A thirty-two bar Strathspey for three couples in a longwise set, from Preston's "Twenty four Country Dances" (1793).

- 1-4 First couple cast off for four steps.
- 5-8 First couple cast up to place.
- 9-16 First couple dance down the middle and back to second place, second couple step up on bars 11 & 12.
- 17-20 First couple turn first corners with the right hand.
- 21-24 First couple turn second corners with the left hand.
- 25-28 First couple lead out between the second and third ladies and separate, first lady casts up and first man casts down.
- 29-32 First couple lead out between the second and third men and separate, first lady casts up and first man casts down.

Repeat from second place.

Recommended tune: Green Grow The Rashes, O!

### *General Notes*

The figures of this dance are the same as those in the "Chorus Jig" which is regularly performed in Tunbridge, Vermont, USA.

## **A Trip to Paris**

A twenty-six bar Reel for two couples in a longwise set, from Walsh's "New Country Dancing Master" (1711).

- 1-2 First and second couples set.
- 3-4 First and second couples dance a petronella turn to change places with own partner.
- 5-8 First and second couples repeat bars 1-4.
- 9-16 First couple cross giving right hand, cast off, cross giving left hand and cast up to place.
- 17-18 First man and second lady change places giving right hand.
- 19-20 First lady and second man change places giving right hand.
- 21-22 First and second couples dance four hands round to the left in a circle half way.
- 23-26 First couple set and cast off, second couple step up.

Repeat from second place.

Recommended tune: A Trip To Paris

### *Musical Notes*

The original tune comprises an eight bar phrases and an eighteen bar phrase.

### *Dance Formation Notes*

The setting on bars 23-24 has been added in accordance with modern technique.

### *Dance Formation Notes (2020)*

For bars 3-4, the "petronella turn" has been understood as follows after cross-referencing with the original instructions:

First and second couples change places with own partner passing right shoulder without giving hands, using pas de basque step, rotating one and a half times in the process.

## **Sir Watkin's Jig**

A thirty-six bar Jig for three couples in a longwise set, from Johnson (1750).

- 1-4 First couple set and cast off into second place, second couple step up on bars 3 & 4.
- 5-8 First couple turn with two hands.
- 9-16 First and third couples dance rights and lefts.
- 17-20 First couple dance down with nearer hands between third couple and cast up into second place.
- 21-24 First couple dance up with nearer hands to the top and cast off into second place.
- 25-26 First and second couples join hands on the sides and set.
- 27-30 First and second couples advance and retire.
- 31-32 First, second and third couples set.
- 33-36 First, second and third couples turn with two hands.

Repeat with from second place.

Recommended tune: Sir Watkin's Jig

### *Musical Notes*

The original tune comprises an eight bar phrase followed by a ten bar phrase, each of which is repeated.

### *Dance Formation Notes*

The setting on bars 1-2 has been added to change the original four bar cast into a more modern set and cast off. The original instructions allowed ten bars for the figures of eight on the sides (bars 17-26) and the last ten bars were set advancing and fall back, turn for six bars.

## **Six & Sevens**

A thirty-two bar Reel for two couples in a longwise set, from J. Walsh's "Caledonian Country Dances" Vol. 2.

- 1-4 First couple lead down between second couple and cast up to the top.
- 5-8 First couple set and cast off, second couple step up.
- 9-12 Second couple lead down between first couple and cast up to the top.
- 13-16 Second couple set and cast off, first couple step up.
- 17-20 First couple set and cast off, second couple step up.
- 21-24 First couple dance a half figure of eight round second couple, crossing up to commence.
- 25-32 First and second couples dance rights and lefts.

Repeat with from second place.

Recommended tune: Six & Sevens

### *Dance Formation Notes*

The setting on bars 5-6, 13-14 & 17-18 has been added to change the original four bar cast into a more modern set and cast off. The original instructions for the last eight bars indicate that the old four bar rights and lefts (without giving hands) was used as the original instructions were:

25-28 First and second couples dance rights and lefts.

29-32 First couple turn with two hands.

### *General Notes*

In the City of London there are approximately 100 trade Guilds of whom all but two have been granted Livery Status by the City Corporation. (The Worshipful Company of Information Technologists will be the 100th Company). For several hundred years there has been a dispute between two of the companies as to which of them should be ranked as sixth or seventh in order of precedence. It was therefore agreed that they should alternate in order of precedence each year; hence to be at Sixes and Sevens, is to have an unresolved argument.

## **Temple Bar**

A twenty-two bar Reel for two couples in a longwise set, from "The Dancing Master" Vol. 3 (1728).

- 1-2 First and second couples dance four hands round to the left in a circle half way.
- 3-4 First and second couples retain hands on the sides and set.
- 5-8 Repeat bars 1-4 back to original places.
- 9-10 First and second couples turn towards neighbour to face out and dance out with nearer hands joined.
- 11-12 First and second couples turn towards neighbour to face in and dance in with nearer hands joined to finish in their original places.
- 13-14 First and second couples set.
- 15-16 First couple dance up with nearer hands to the top, second couple step up into first place.
- 17-20 First couple join two hands and slip down the middle to second place, but stay in the middle with both hands still joined.
- 21-22 First couple turn with two hands into second place on own sides.

Repeat from second place.

Recommended tune: Temple Bar

### *Musical Notes*

The original tune comprises an eight bar phrase followed by a fourteen bar phrase.

## **'Twas O'er the Hills and Far Away**

A thirty-two bar Strathspey for three couples in a longwise set, from "The Dancing Master" Vol. 2 (1713).

- 1-4 First couple cross giving right hand and cast off, second couple step up.
- 5-8 First couple turn with two hands.
- 9-12 First couple cross giving right hand and cast off, third couple step up.
- 13-16 First couple turn with two hands.
- 17-20 First couple lead up to the top and cast off, third couple step down on bars 17 & 18.
- 21-24 First and second couples dance rights and lefts one step to each hand.
- 25-28 First couple lead down between third couple and cast up into second place.
- 29-32 First couple turn with two hands.

Repeat with new top couple.

Recommended tune: 'Twas O'er the Hills and Far Away

### *Dance Formation Notes*

On bars 21-24, the rights and lefts would originally have been danced by first man and second lady passing by the left in the middle and casting to their right round their partners places to cross back to their own sides; first lady and second man then coming in to dance round each other passing by the left to return to place. For the sake of simplicity the modern rights and lefts figure has been substituted, one step to each hand.

## **Up With Aily**

A thirty-two bar hornpipe for two couples in a longwise set, from "The Dancing Master" (1703).

- 1-4 First couple and second man face second lady in a line with nearer hands joined and advance and retire (second lady acknowledges but does not move).
- 5-6 First and second couples set.
- 7-8 First and second ladies set, whilst first man casts off and second man dances up the middle and casts into first place.
- 9-12 First lady between second couple face first man in a line with nearer hands joined and advance and retire (first man acknowledges but does not move).
- 13-14 First and second couples set.
- 15-16 First and second men set, whilst first lady casts off and second lady dances up the middle and casts into first place.
- 17-20 First couple dance back to back.
- 21-24 First couple set and cast up, whilst second couple turn with two hands once round moving down into second place.
- 25-28 First and second couples dance four hands round to the left in a circle.
- 29-30 First couple cast off into second place as second couple dances up into first place with nearer hands.
- 31-32 First and second couples join hands on the sides and set.

Repeat from second place.

Recommended tune: Up with Aily

### *Musical Notes*

The tune is in two four bar phrases, each of which is repeated.

### *Dance Formation Notes*

The setting on bars 5-6, 13-14 and 21-22 has been added in accordance with modern practice.

## **The Hare's Maggot**

A thirty-six bar hornpipe for three couples in a longwise set, from "The Dancing Master" (1709).

- 1-6 First man dances down in front of second man, casts up to place, turns second lady with two hands and returns to place.
- 7-12 First lady dances down in front of second lady, casts up to place, turns second man with two hands and returns to place.
- 13-14 First couple clap and set.
- 15-16 First couple cast off, second couple step up.
- 17-24 First and second couples dance rights and lefts.
- 25-32 First and third couples dance a double figure of eight, first couple crossing down to commence.
- 33-36 First couple turn with two hands.

Repeat from second place.

Recommended tune: The Hare's Maggot

### *Musical Notes*

The tune comprises a six bar phrase, repeated, and an eight bar phrase played three times.

### *Dance Formation Notes*

The original instructions allowed four bars for the rights and lefts and four bars for the double figure of eight. The instructions for the last eight bars were for first man to "go the double Figure in third couple then turn his partner". As "Figure" usually meant "half a figure of eight" and "whole Figure" meant "a complete figure of eight", it is not clear what was intended by "double Figure" hence the modern double figure of eight has been used.

## **Volpony**

A thirty-two bar Minuet for three couples in a longwise set, from John Walsh's Collection (1712).

- 1-4 First and second couples set and dance four hands round to the left in a circle half way.
- 5-8 First and second couples set and dance four hands round to the left in a circle half way.
- 9-10 First couple cast off into second place, second couple step up.
- 11-12 First couple turn with two hands.
- 13-14 Second couple cast off into second place, first couple step up.
- 15-16 Second couple turn with two hands.
- 17-20 First couple dance back to back.
- 21-24 First and second couples dance rights and lefts one step to each hand.
- 25-28 First couple dance a figure of eight round second couple, crossing down to commence.
- 29-32 First couple lead down between the second and third couples and cast up into second place, second couple step up on bars 29 & 30.

Repeat with new top couple.

Recommended tune: Volpony by Henry Purcell (1699)

### *Dance Formation Notes*

This is virtually a two couple dance, hence it can be danced three times through in a four couple set, the third time through on bars 29-32 first couple lead between second couple and cast up to finish in fourth place.

## **Wakefield Hunt**

A forty-eight bar Jig for three couples in a longwise set, from Thompson (1779).

- 1-8 First man casts off into second place, turns third lady with the right hand half way, crosses back to own side and casts up to place.
- 9-16 First lady casts off into second place, turns third man with the left hand half way, crosses back to own side and casts up to place.
- 17-24 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 25-32 First couple dance a figure of eight on own sides of the set, dancing down between second couple to commence.
- 33-40 First and second couples dance right hands across in a wheel and back with the left hands.
- 41-44 First and second couples dance half rights and lefts.
- 45-46 First and second couples cross to own side giving right hand.
- 47-48 First and second couples join bands on the sides and set.

Repeat with new top couple.

Recommended tune: Wakefield Hunt

### *Musical Notes*

The original tune is in three eight bar phrases, each of which is repeated.

## **We'll Wed And We'll Bed or Dublin Bay**

### **Alternative name: Dublin Bay**

A twenty-four bar dance in 12/8 time for two couples in a longwise set, from "The Dancing Master" (1710).

- 1-2 First couple cross giving right hand.
- 3-4 First and second couples face up and down on the sides and set.
- 5-6 First and second couples turn on the sides with the right hand.
- 7-8 First couple turn half way to own sides with the left hand.
- 9-10 First couple cast off behind second couple.
- 11-12 First couple cross giving right hand.
- 13-14 First couple cast up behind second couple and dance down to finish between second couple.
- 15 First couple turn half way with the right hand.
- 16 First couple turn half way with the left hand.
- 17-18 First and second couples face the top in a line across the set with nearer hands joined and retire and advance.
- 19 First and second couples set, turning to their right to face down.
- 20-21 First and second couples face down in a line across the set with nearer hands joined and retire and advance.
- 22 First and second couples set, turning to their right to face up.
- 23-24 First couple dance up and cast off into second place, second couple step up.

Repeat from second place.

Recommended tune: Dublin Bay

### *Musical Notes*

The original tune is in two phrases of seven and five bars respectively, each can be regarded as equivalent to two bars in 6/8 time.

## **Well-Hall**

### **Alternative name: Belgia Retriev'd**

A thirty-two bar Hornpipe for two couples in a longwise set, from "The Dancing Master" (1686).

- 1-4 First couple turn one and a half times with the right hand.
- 5-6 First couple cast off, second couple step up.
- 7-8 First couple cross to own side giving left hand.
- 9-16 Second couple repeat bars 1-4.
- 17-18 First man and second lady change places giving right hand.
- 19-20 First lady and second man change places giving right hand.
- 21-22 First and second couples dance four hands round to the left in a circle half way.
- 23-24 First and second couples set.
- 25-26 First lady and second man change places giving right hand.
- 27-28 First man and second lady change places giving right hand.
- 29-30 First and second couples dance four hands round to the left in a circle half way.
- 31-32 First couple cast off, second couple dance up with nearer hand.

Repeat from second place.

Recommended tune: Well-Hall

### *General Notes*

The dance "Belgia Retriev'd" comprises the same figures with a different tune.

## **Whitehall Minuet**

A twenty-four bar Minuet for three couples in a longwise set, from "The Dancing Master" (1701).

- 1-8 First, second and third couples dance six hands round to the left in a circle and back to the right.
- 9-12 First couple cross giving right hand and cast off, second couple step up.
- 13-16 First couple cross giving left hand and cast off, third couple step up.
- 17-20 First couple lead up to the top and cast off, third couple step down on bars 17 & 18.
- 21-24 All three couples dance in to join right hands, the ladies turn anticlockwise under the raised right hands as the men dance clockwise round them, all dance out to own sides of the set.

Repeat from second place.

Recommended tune: Whitehall Minuet

### *Musical Notes*

The tune, in 6/4 time, comprises a four bar phrase which is repeated followed by an eight bar phrase which is also repeated.

## **Zephyrs and Flora**

A thirty-two bar Reel for two couples in a longwise set, from Walsh's "Twenty Four Country Dances" (1715) and "Second Book of the Compleat Country Dancing Master" (1719).

- 1-4 First man and second lady dance back to back.
- 5-8 First man and second lady take a cross hands grip (right in right and left in left) and turn one and a half times to change places.
- 9-16 First lady and second man repeat bars 1-8.
- 17-20 First couple set and cast up, second couple step down.
- 21-24 First couple dance half a figure of eight round second couple, crossing down to commence.
- 25-32 Second couple repeat bars 17-24.

Repeat from second place.

Recommended tune: Zephyrs and Flora

### *Dance Formation Notes*

The setting on bars 17-18 and 25-26 has been inserted to bring the dance into line with modern practice.

## **Ye Social Powers**

A forty-eight bar Jig for three couples in a longwise set, from Thompson's "Compleat Collection" (1780).

- 1-2 First couple cast off, second couple step up.
- 3-4 First couple set.
- 5-6 First couple cast off, third couple step up.
- 7-8 First couple set.
- 9-10 First couple cast up, third couple step down.
- 11-12 First couple set.
- 13-14 First couple cast up, second couple step down.
- 15-16 First couple set.
- 17-20 First couple cross over giving right hand and cast off.
- 21-24 First couple cross over giving left hand and cast off.
- 25-28 First couple lead up to the top and cast off, second couple step up.
- 29-32 First and third couples dance four hands round to the left in a circle, at the end first couple finish in second place.
- 33-36 Remaining in second place first couple set to first corners.
- 37-40 First couple set to second corners.
- 41-48 First and second couples dance rights and lefts.

Repeat from second place.

Recommended tune: Ye Social Powers

### *Musical Notes*

The tune is in three eight bar phrases, each of which is repeated.